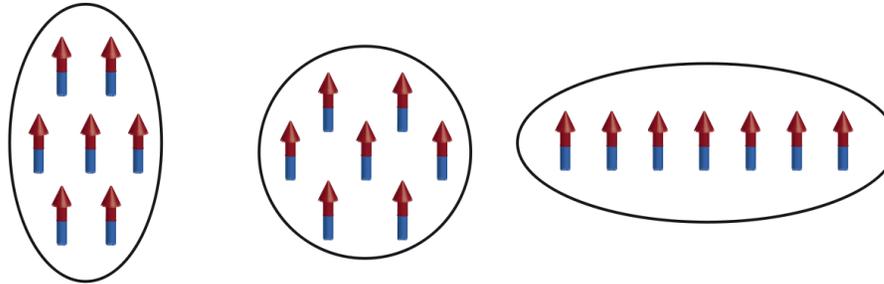


Introduction to dipolar quantum gases



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WHERE?



Outline

- **Aim:** Provide a basic introduction to physics of quantum degenerate dipolar gases for people working in ultra-cold atomic physics

Focus will be on polarized magnetic gases, but some electric dipole results will be presented.

Why Dipoles?

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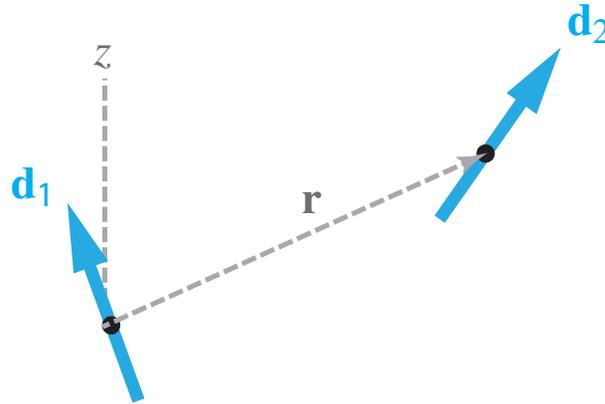
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Useful review articles

- *The physics of dipolar bosonic quantum gases*, T Lahaye, C Menotti, L Santos, M Lewenstein, and T Pfau, Rep. Prog. Phys. **72** 126401 (2009).
- *Condensed Matter Theory of Dipolar Quantum Gases*, M. A. Baranov, M. Dalmonte, G. Pupillo, P. Zoller, Chemical Reviews **112**, 5012 (2012).
- *Spinor Bose–Einstein condensates*, Y.Kawaguchi and M. Ueda, Phys. Rep. **520**, 253 (2012).

1 Dipole-Dipole Interaction (DDI)

General (non-polarized) case



$$U_{\text{dd}}(\mathbf{r}) = \frac{C_{\text{dd}}}{4\pi} \left(\frac{\hat{\mathbf{d}}_1 \cdot \hat{\mathbf{d}}_2 - 3(\hat{\mathbf{d}}_1 \cdot \hat{\mathbf{r}})(\hat{\mathbf{d}}_2 \cdot \hat{\mathbf{r}})}{r^3} \right) = \sum_{\nu, \nu' = x, y, z} \hat{d}_{1\nu} Q_{\nu\nu'} \hat{d}_{2\nu'}$$

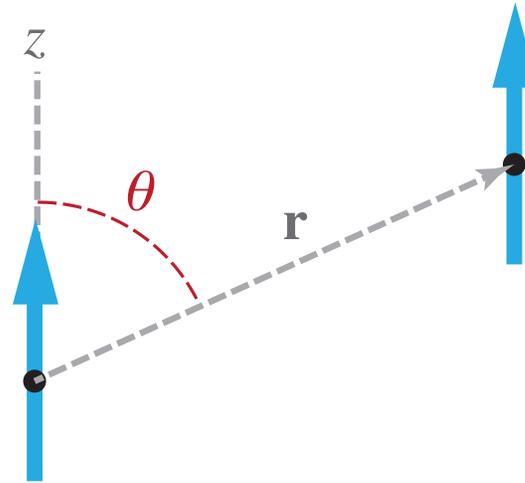
where $Q_{\nu\nu'} = (\delta_{\nu\nu'} - 3\hat{r}_\nu\hat{r}_{\nu'})/r^3$ is traceless tensor, hats denote unit vectors.

- $C_{\text{dd}} = \mu_0\mu_m^2$ for permanent magnetic dipoles of moment μ_m
- $C_{\text{dd}} = d^2/\epsilon_0$ for permanent electric dipoles of moment d .

See Kawaguchi and Ueda [Phys. Rep. 2012] for more details of spinor-dipolar systems.

Polarized case

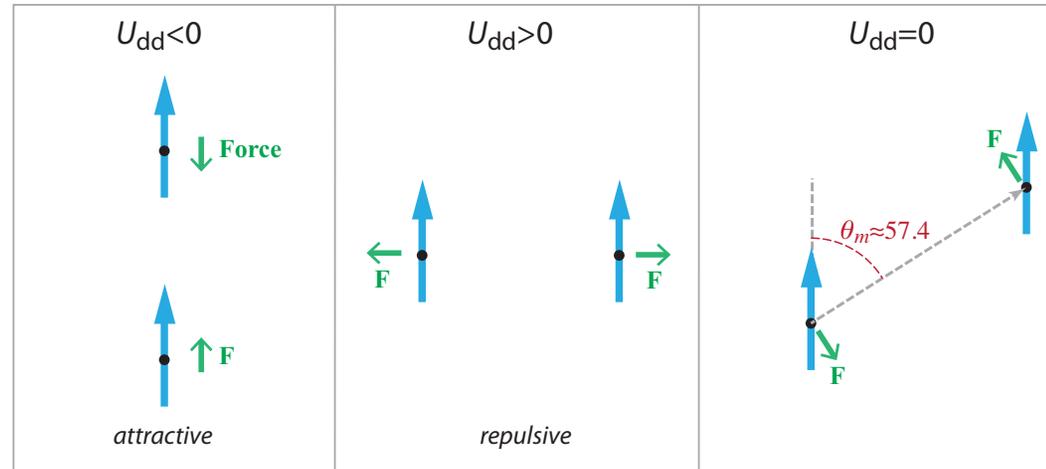
Dipoles polarized in a strong external field along z



Potential simplifies to:

$$U_{\text{dd}}(\mathbf{r}) = \frac{C_{\text{dd}}}{4\pi} \left(\frac{1 - 3 \cos^2 \theta}{r^3} \right).$$

Anisotropy of the DDI



- **Anisotropic** angular dependence [$\sim \overbrace{Y_{20}(\theta)}^{\text{spherical harmonic}} \sim \overbrace{P_2(\cos(\theta))}^{\text{Legendre polynomial}}$]:
 - E.g. Attractive for $\theta = 0$ (i.e. head-to-tail)
 - E.g. Repulsive for $\theta = \frac{\pi}{2}$ (i.e. side-by-side)
 - $U_{dd} = 0$ at the magic angle $\theta_m = \cos^{-1}\left(\frac{1}{\sqrt{3}}\right) \simeq 54.7^\circ$.
- The force is non-central (i.e. not along $\hat{\mathbf{r}}$)

$$\mathbf{F}_{dd} = \frac{3C_{dd}}{4\pi} \left[\hat{\mathbf{r}} \left(\frac{1 - 3\cos^2\theta}{r^4} \right) - \hat{\boldsymbol{\theta}} \left(\frac{\sin 2\theta}{r^4} \right) \right].$$

Is the DDI long ranged?

Test extensiveness of chemical potential (or energy per particle) of a large uniform system in D dimensions using

$$I_t = \int_{r_{\min}}^{\infty} dr r^{D-1} U_{\text{int}}(r),$$

with r_{\min} some short distance cutoff. For a long-ranged interaction I_t will diverge as $r \rightarrow \infty$.

Neglecting anisotropy in DDI:

- $D = 3$, non-extensive (long ranged)
- $D = 1, 2$ extensive (short ranged).

Note there are alternative definitions of “long-ranged”.

Conservation of angular momentum?

Two particles in free space with total angular momentum $\mathbf{L} = \mathbf{x}_1 \times \mathbf{p}_1 + \mathbf{x}_2 \times \mathbf{p}_2$, and internal forces due to DDIs $\mathbf{F} = \mathbf{F}_1 = -\nabla_1 U_{\text{dd}}(\mathbf{r})$ ($= -\mathbf{F}_2$)

$$\dot{\mathbf{L}} = (\mathbf{x}_1 - \mathbf{x}_2) \times \mathbf{F} \neq 0$$

since \mathbf{F} non-central.

Reason: The polarizing field breaks rotational invariance.

In general we must consider **both** orbital and spin angular momentum, i.e.

$$\mathbf{J} = \mathbf{L} + \mathbf{S}$$

Scattering: partial wave phase shifts

The scattering amplitude is determined by the phase shifts $\delta_l = \delta_l(k)$

$$f(k, \theta) = \frac{1}{2ik} \sum_{l=0}^{\infty} (2l+1)(e^{2i\delta_l} - 1)P_l(\cos \theta).$$

For a potential that decreases as $1/r^n$ for large r :

$$\begin{aligned} \delta_l &\sim k^{2l+1} && \text{if } l < (n-3)/2 \\ \delta_l &\sim k^{n-2} && \text{otherwise} \end{aligned}$$

For $n > 3$, notably van der Waals ($n = 6$), s -wave dominates as $k \rightarrow 0$ with $\delta_0 \sim k$.

- Can replace true interaction potential by isotropic *pseudo-potential* $g\delta(\mathbf{r})$ with $g = 4\pi a\hbar^2/m$ where a is the s -wave scattering length ($\lim_{k \rightarrow 0} \delta_0 = -ak$).

For $n = 3$, all $\delta_l \sim k$ as $k \rightarrow 0$, i.e. all partial waves contribute.

Anisotropy of DDI induces couplings between different partial waves, and spin is not conserved (dipolar relaxation).

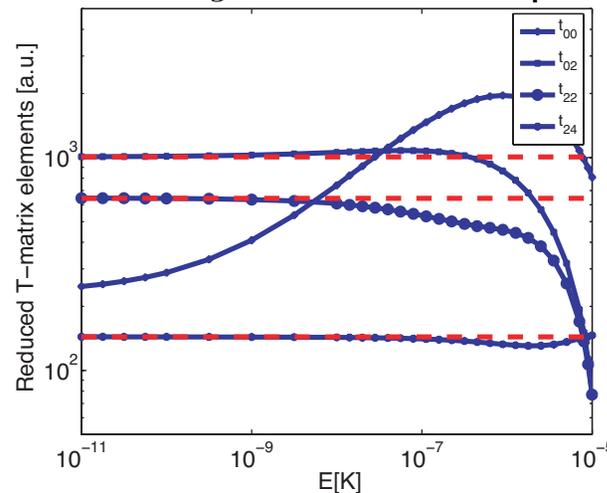
Dipolar Pseudo-Potential

Yi and You [PRA 2001] have shown that the low energy scattering of bosonic particles is described with a pseudo-potential¹

$$U_{\text{int}}(\mathbf{r}) = g\delta(\mathbf{r}) + U_{\text{dd}}(\mathbf{r}).$$

I.e. Born scattering amplitude $f_B(\hat{\mathbf{k}}_f, \hat{\mathbf{k}}_i) \propto \int d\mathbf{r} e^{i(\mathbf{k}_i - \mathbf{k}_f) \cdot \mathbf{r}} U_{\text{int}}(\mathbf{r})$ reproduces the exact one.

Short-ranged effects are included in g , which also depends on the dipole moment.²



Ronen et al., PRA **74**, 033611 (2006)

Comparison of exact calculations for reduced T-matrix elements (solid) $t_{l'l'}$ $\equiv \frac{T_{l'l'}^{l'0}(k)}{2k}$ against Born results (dashed).

¹Not too large dipoles and away from shape resonances.

²**Note:** Also see work by Derevianko, Wang, and Bohn.

Inelastic scattering and loss

Important inelastic 2-body processes:

- *spin-exchange* (conserves S)
- *dipolar relaxation* (doesn't conserve S)

Maximally polarized states cannot have spin-exchange.

Dipolar relaxation (DR)- the spin of one of the colliding atoms is flipped (allowed as DDI does not conserve S but only $J = L + S$). The cross-section for this

$\sigma_{\text{DR}} \sim (\text{dipole moment})^3$.

Loss rate $\beta_{\text{DR}} \sim 2\langle\sigma_{\text{DR}}v_{\text{rel}}\rangle_{\text{therm}}$

$$\frac{dn}{dt} \sim -\beta_{\text{DR}}n^2.$$

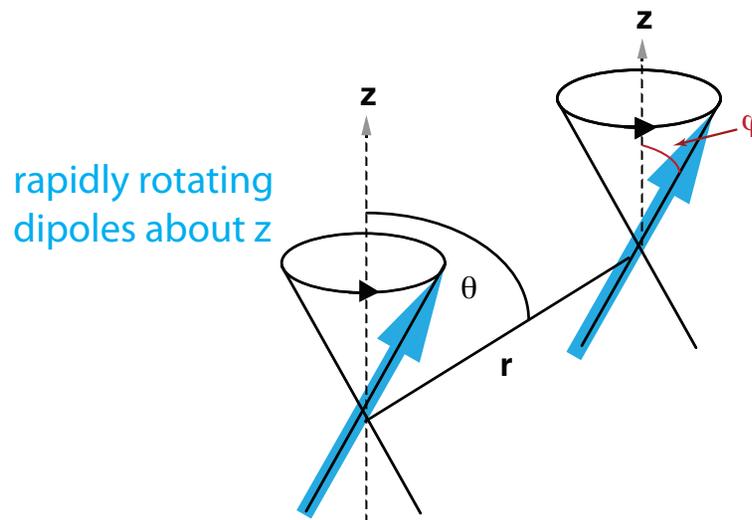
For ^{52}Cr $\beta_{\text{DR}} = 4 \times 10^{-12}\text{cm}^3\text{s}^{-1}$ at $B = 1\text{G}$ [Hensler et al. Appl. Phys. B (2003)]³.

3-body recombination is another important process. For Cr near a Feshbach resonance the rate was found to be $L_3 \sim 2 \times 10^{-40}\text{m}^6/\text{s}$ [PRL **101**, 080401 (2008)] c.f. ^{87}Rb with $L_3 \sim 2 \times 10^{-41}\text{m}^6/\text{s}$ [Appl. Phys. B **69**, 257 (1999)], where $\dot{n} = -L_3n^3$.

³This rate is more than 2 orders of magnitude higher than for Na, Rb

Controlling interactions

- Feshbach resonances controlling the s-wave interaction have been demonstrated in the atomic dipolar systems (Cr, Er, Dy).
- Tuning the DDI proposed by Giovanazzi et al. [PRL **89**, 130201 (2002)]: rotate the polarizing field (tilted at angle φ to z) at a frequency Ω that satisfies $\omega_{\text{Larmor}} \gg \Omega \gg \omega_{\text{trap}}$



Averaging the interaction over $T = 2\pi/\Omega$ gives

$$\overline{U_{\text{dd}}} = \frac{C_{\text{dd}}}{4\pi} \left(\frac{1 - 3 \cos^2 \theta}{r^3} \right) \overbrace{\left(\frac{3 \cos^2 \varphi - 1}{2} \right)}^{-\frac{1}{2} \rightarrow 1} = \alpha U_{\text{dd}}, \quad \alpha \in \left[-\frac{1}{2}, 1 \right].$$

2 Systems

Atoms & molecules

Heteronuclear molecules in low rovibrational states can have large electric dipoles

- Electric dipoles typically given in **debye** $1\text{D} \approx 3.335 \times 10^{-30} \text{Cm} \approx 0.39ea_0$
- Diatomic molecules typically have moments up to $\sim 10\text{D}$ (i.e. a few ea_0)
- Ground states are rotationally symmetric in lab frame and external E -field ($\sim 10^4 \text{Vcm}^{-1}$) is needed to orient in lab frame

Magnetic dipoles atoms such as Cr, Er, Eu, Dy,... have a large ground state magnetic moment

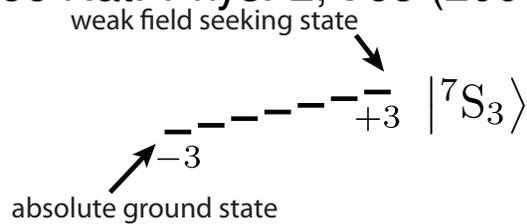
- Alkali atoms have $\mu_m \sim \mu_B$
- Dy (most magnetic atom) has $\mu_m = 10\mu_B$.

Other systems: **Rydberg atoms, Light induced dipoles (not discussed here)**

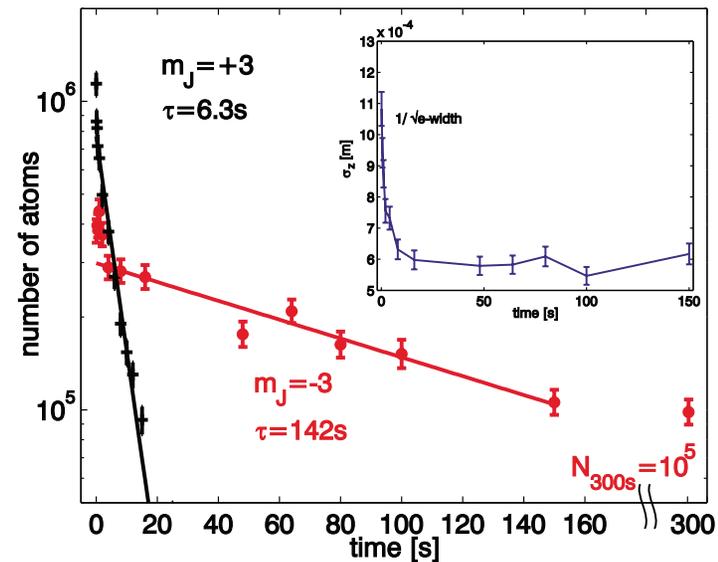
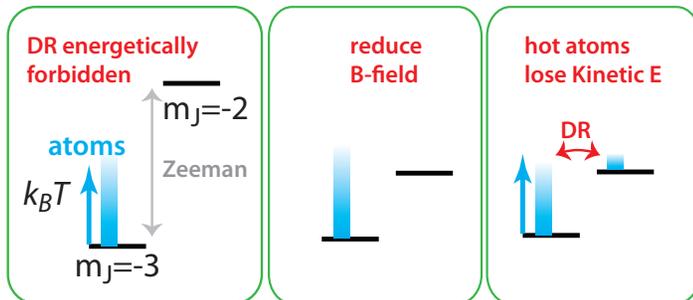
First Dipolar Quantum Gas: Pfau group Stuttgart (2005)

Chromium-52 has 6 valence shell electrons with parallel spin alignment $[\text{Ar}]3d^5 4s^1$ with ground electronic state 7S_3 i.e. $J = 3, S = 3, L = 0$, also $I = 0$.

- MOT limited by dipolar relaxation (DR). Pump to $m_J = -3$ and evaporate in optical dipole trap.
- Variation: Use DR to perform lossless cooling (limited to recoil temperature) [see Nat. Phys. 2, 765 (2006)].



Demagnetization Cooling



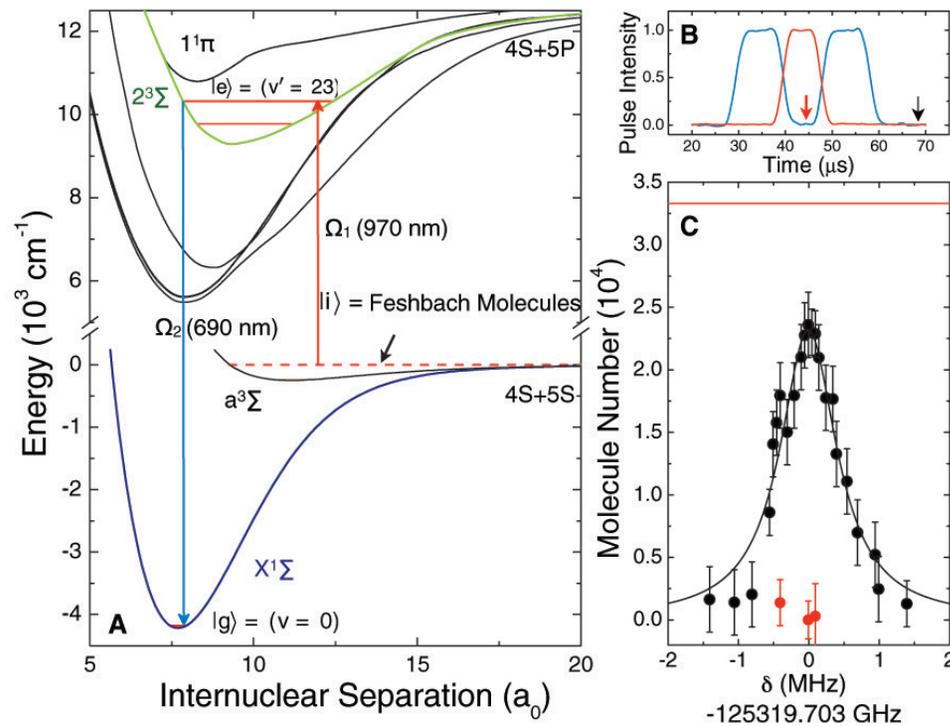
[from PRL 94, 160401 (2005)]

Degenerate Polar molecules: a *holy grail*

Polar molecules have much larger dipoles than atoms $d \sim ea_0$ whereas for magnetic atoms $\mu_m \sim \mu_B$

$$\frac{C_{dd}^{(\text{mag})}}{C_{dd}^{(\text{elec})}} = \frac{\mu_0 \mu_m^2}{d^2 / \epsilon_0} \sim \alpha^2 \sim 10^{-4}$$

Variety of techniques being pursued: buffer gas cooling, Stark deceleration, ... most success to date with bi-Alkali's [$^{87}\text{Rb}^{40}\text{K}$: JILA group, Science **322**, 231 (2008)]



Cold dipolar gases: experimental milestones

year	system	group	
2005	BEC ^{52}Cr	Stuttgart	
2007	BEC ^{52}Cr	Paris	
2008	Fermi $^{40}\text{K}^{87}\text{Rb}$ ($T \sim 2 T_F$)	Boulder	
2010	Bose $^{41}\text{K}^{87}\text{Rb}$	Tokyo	
2011	BEC ^{164}Dy	Illinois→Stanford	
2012	DFG ^{161}Dy ($T \sim 0.2 T_F$)	Illinois→Stanford	Also BEC of ^{162}Dy as coolant
2012	BEC ^{168}Er	Innsbruck	
2013	DFG ^{167}Er ($T \sim 0.2 T_F$)	Innsbruck	

DFG = degenerate fermi gas

Interaction Parameters

Convenient to introduce a length scale for the DDI roughly comparable to the s-wave scattering length for the contact interaction: the *dipole length*

$$a_{\text{dd}} \equiv \frac{C_{\text{dd}} m}{12\pi \hbar^2},$$

Another important figure of merit is the ratio of the dipole to contact interactions

$$\epsilon_{\text{dd}} \equiv \frac{a_{\text{dd}}}{a} = \frac{C_{\text{dd}}}{3g}.$$

A particle with $\epsilon_{\text{dd}} > 1$ is referred to as being *dipole dominated*.

Species	μ_m or d	a_{dd}	a	ϵ_{dd}
⁸⁷ Rb	$1 \mu_B$	$0.7 a_0$	$100 a_0$	0.007
⁵² Cr	$6 \mu_B$	$16 a_0$	$100 a_0$	0.16
¹⁶⁸ Er	$7 \mu_B$	$67 a_0$	$\sim 175 a_0$	~ 0.38
¹⁶⁴ Dy	$10 \mu_B$	$130 a_0$	$\sim 100 a_0$	~ 1.3
⁴⁰ K ⁸⁷ Rb	0.6 D	$3700 a_0$	$\sim 100 a_0$	~ 37

3 Semiclassical Theory of Normal Dipolar Gases

Consider spin polarized system! Nice system for learning about the effects of DDIs on quantum gases.

Introduction to semiclassical theory

Basic idea: Wigner distribution function $W(\mathbf{R}, \mathbf{k})$ gives the number of particles in the phase space volume about \mathbf{R} and \mathbf{k} . The Wigner function relates to the one-particle density matrix as

$$G(\mathbf{R}, \mathbf{r}) = \int \frac{d\mathbf{k}}{(2\pi)^3} W(\mathbf{R}, \mathbf{k}) e^{i\mathbf{k}\cdot\mathbf{r}}.$$

Note $G(\mathbf{x}, \mathbf{x}') = \langle \hat{\psi}^\dagger(\mathbf{x}) \hat{\psi}(\mathbf{x}') \rangle$, but have transformed to $\mathbf{R} = \frac{1}{2}(\mathbf{x} + \mathbf{x}')$, $\mathbf{r} = \mathbf{x} - \mathbf{x}'$.

From W we can get the position and momentum densities

$$\begin{aligned} n(\mathbf{R}) &= \int \frac{d\mathbf{k}}{(2\pi)^3} W(\mathbf{R}, \mathbf{k}) = G(\mathbf{R}, \mathbf{0}) \\ \tilde{n}(\mathbf{k}) &= \int \frac{d\mathbf{R}}{(2\pi)^3} W(\mathbf{R}, \mathbf{k}) \end{aligned}$$

Such a semi-classical description is applicable to the normal part of a Bose gas at $k_B T \gg \hbar\omega_{\text{trap}}$ and to a normal Fermi gas if $E_F \gg \hbar\omega_{\text{trap}}$.

Thermodynamic information can be extracted using

$$S = - \int \frac{d\mathbf{x} d\mathbf{k}}{(2\pi)^3} \{W(\mathbf{x}, \mathbf{k}) \ln W(\mathbf{x}, \mathbf{k}) + [1 - W(\mathbf{x}, \mathbf{k}) \ln[1 - W(\mathbf{x}, \mathbf{k})]\}$$

The density-density correlations can be treated using Hartree-Fock (Wick) factorization

$$G^{(2)}(\mathbf{x}, \mathbf{x}') = \langle \hat{\psi}^\dagger(\mathbf{x}) \hat{\psi}^\dagger(\mathbf{x}') \hat{\psi}(\mathbf{x}') \hat{\psi}(\mathbf{x}) \rangle = \overbrace{n(\mathbf{x})n(\mathbf{x}')}^{\text{Hartree/direct}} + \overbrace{\eta |G^{(1)}(\mathbf{x}, \mathbf{x}')|^2}^{\text{Fermi/exchange}},$$

with $\eta = +1$ for bosons, and $\eta = -1$ for fermions.

For the case of a trap $V(\mathbf{x}) = \frac{1}{2}m\omega_\rho^2(\rho^2 + \lambda^2 z^2)$ the energy functional is

$$E = \int d\mathbf{k} \frac{\hbar^2 k^2}{2m} \tilde{n}(\mathbf{k}) + \int d\mathbf{R} V(\mathbf{R}) n(\mathbf{R}) + \frac{1}{2} \int d\mathbf{R} \int d\mathbf{r} U_{\text{int}}(\mathbf{r}) \left[n(\mathbf{x})n(\mathbf{x}') + \eta |G^{(1)}(\mathbf{x}, \mathbf{x}')|^2 \right],$$

All of the above terms can be obtained from W . Progressing any further requires some model for W (or procedure to determine W by minimizing E).

Hartree treatment of $T = 0$ Fermions

Goral et al [PRA **63**, 033606 (2001)] considered $T = 0$ Fermions and chose a *Thomas-Fermi* ansatz

$$W(\mathbf{R}, \mathbf{k}) = \theta([6\pi^2 n(\mathbf{R})]^{2/3} - k^2),$$

where θ is Heaviside's unit step function and noting $k_F = (6\pi^2 n)^{1/3}$. This gives

$$E = \int d\mathbf{R} \left\{ \overbrace{\frac{\hbar^2 [6\pi^2 n(\mathbf{R})]^{5/3}}{m \cdot 20\pi^2}}^{\text{kinetic energy}} + \overbrace{V(\mathbf{R})n(\mathbf{R})}^{\text{potential energy}} \right\} + \frac{1}{2} \int d\mathbf{R} \int d\mathbf{r} U_{\text{dd}}(\mathbf{r}) n(\mathbf{R} + \frac{1}{2}\mathbf{r}) n(\mathbf{R} - \frac{1}{2}\mathbf{r})$$

Using that $g = 0$ for Fermions. Note the exchange vanishes (see why later!) and E only depends on the position density.

Important Integral

Consider the Gaussian ansatz

$$n(\mathbf{r}) = \frac{N\nu^{3/2}}{\pi^{3/2}\sigma_\rho^2\sigma_z a_{\text{ho}}^3} \exp\left[-\frac{\nu}{a_{\text{ho}}^2}\left(\frac{\rho^2}{\sigma_\rho^2} + \frac{z^2}{\sigma_z^2}\right)\right],$$

where the dimensionless widths are $\{\sigma_\rho, \sigma_z\}$, and $a_{\text{ho}} = \sqrt{\hbar/m\bar{\omega}}$ with $\bar{\omega} = \sqrt[3]{\omega_x\omega_y\omega_z}$, and ν is a dimensionless parameter. The direct interaction is

$$\begin{aligned} E_D &= \frac{1}{2} \int d\mathbf{x} \int d\mathbf{x}' V_{\text{dd}}(\mathbf{x} - \mathbf{x}') n(\mathbf{x}) n(\mathbf{x}') \\ &= -\frac{N^2\nu^{3/2}\hbar\bar{\omega} a_{\text{dd}}}{\sqrt{2\pi} a_{\text{ho}} \sigma_\rho^2 \sigma_z} f(\sigma_\rho/\sigma_z), \end{aligned}$$

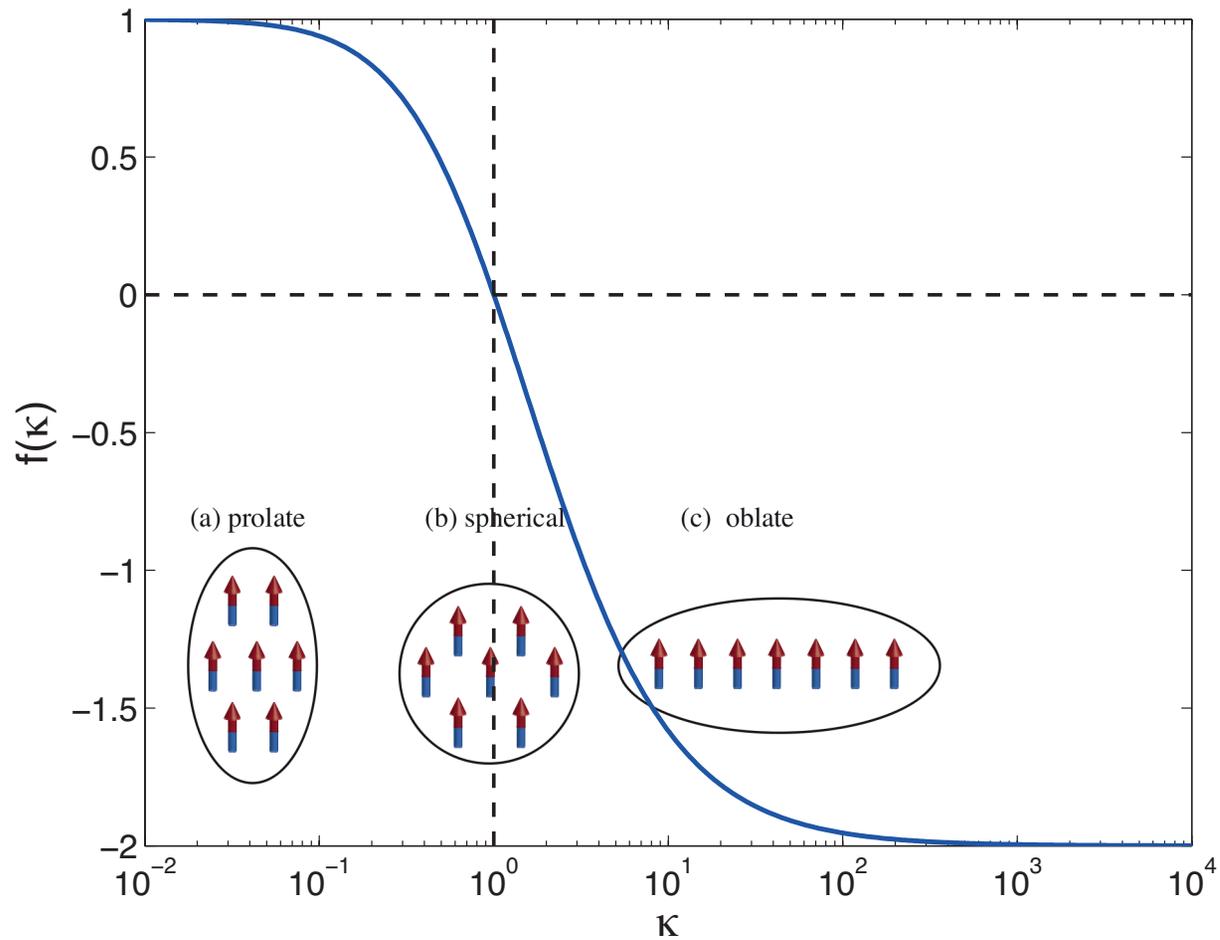
where

$$f(\kappa) = \frac{1 + 2\kappa^2}{1 - \kappa^2} - \frac{3\kappa^2 \operatorname{arctanh}\sqrt{1 - \kappa^2}}{(1 - \kappa^2)^{3/2}},$$

with $f(0) = 1$, $f(1) = 0$, and $f(\infty) = -2$.

Behaviour of direct interaction

- $E_D > 0$ for oblate densities ($\sigma_\rho/\sigma_z > 1$)
- $E_D < 0$ for prolate densities ($\sigma_\rho/\sigma_z < 1$)



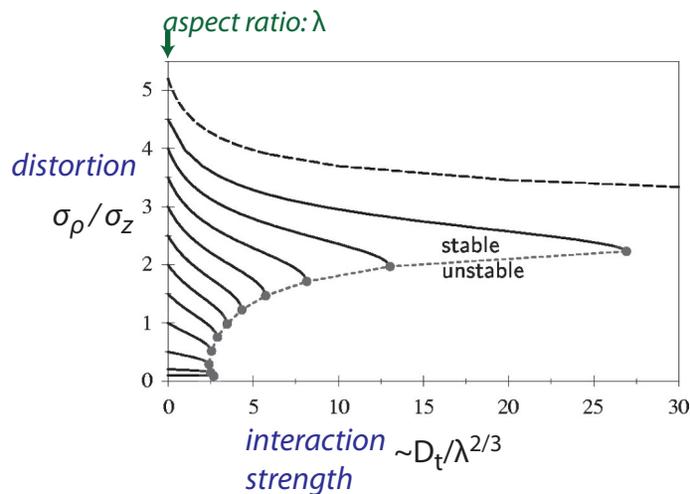
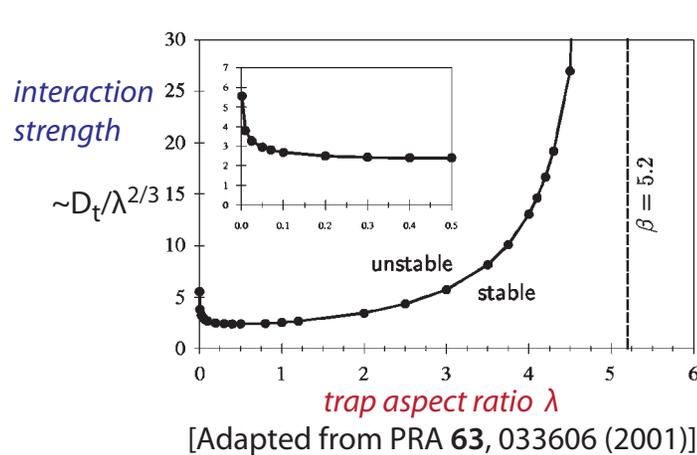
Energy functional

$$E = \overbrace{0.6742\hbar\bar{\omega} \frac{N^{5/3}\nu}{(\sigma_\rho^2\sigma_z)^{2/3}}}^{\text{kinetic}} + \overbrace{\frac{N\hbar\bar{\omega}}{4\nu\lambda^{2/3}}(2\sigma_\rho^2 + \sigma_z^2\lambda^2)}^{\text{trap}} - \overbrace{\frac{N^2\nu^{3/2}\hbar\bar{\omega}}{\sqrt{2\pi}} \frac{a_{\text{dd}}}{a_{\text{ho}}} \frac{1}{\sigma_\rho^2\sigma_z} f(\sigma_\rho/\sigma_z)}^{\text{DDI}}$$

where we have used $\frac{3^{19/6}(\pi/2)^{1/3}}{5^{5/2}} \approx 0.6742$. Setting $\nu = N^{-1/3}$ makes the kinetic and trap terms go as $N^{4/3}$, while the interaction term is $N^{3/2}$. Thus

$$\frac{E}{N^{4/3}\hbar\bar{\omega}} = 0.6742 \frac{1}{(\sigma_\rho^2\sigma_z)^{2/3}} + \frac{1}{4\lambda^{2/3}}(2\sigma_\rho^2 + \sigma_z^2\lambda^2) - \frac{D_t}{\sqrt{2\pi}\sigma_\rho^2\sigma_z} f(\sigma_\rho/\sigma_z)$$

setting $D_t = N^{1/6}a_{\text{dd}}/a_{\text{ho}}$.



Magnetostriction

Spatial distortion from interactions is a form of electro-/magneto-striction. System always elongates along direction dipoles are polarized.

Wikipedia: “*Magnetostriction (cf. electrostriction) is a property of ferromagnetic materials that causes them to change their shape or dimensions during the process of magnetization. . . . The effect was first identified in 1842 by James Joule when observing a sample of iron.*”

Exchange interactions? (i.e. including Fock)

Why is the exchange energy zero in the Hartree calculation?

Observation by Miyakawa et al [PRA **77** 061603 (2008)] was that we need to allow for momentum space to distort.

The exchange interaction can be written as:

$$E_E = \frac{\eta}{2} \int \frac{d\mathbf{x}d\mathbf{k}d\mathbf{k}'}{(2\pi)^6} \tilde{U}_{dd}(\mathbf{k} - \mathbf{k}') W(\mathbf{x}, \mathbf{k}) W(\mathbf{x}, \mathbf{k}'),$$

where $\tilde{U}_{dd}(\mathbf{k}) = \frac{1}{3}C_{dd}(3 \cos^2 \theta_{\mathbf{k}} - 1)$ is the Fourier transform of $U_{dd}(\mathbf{r})$.

As a simple example, consider a homogeneous system of volume \mathcal{V} with

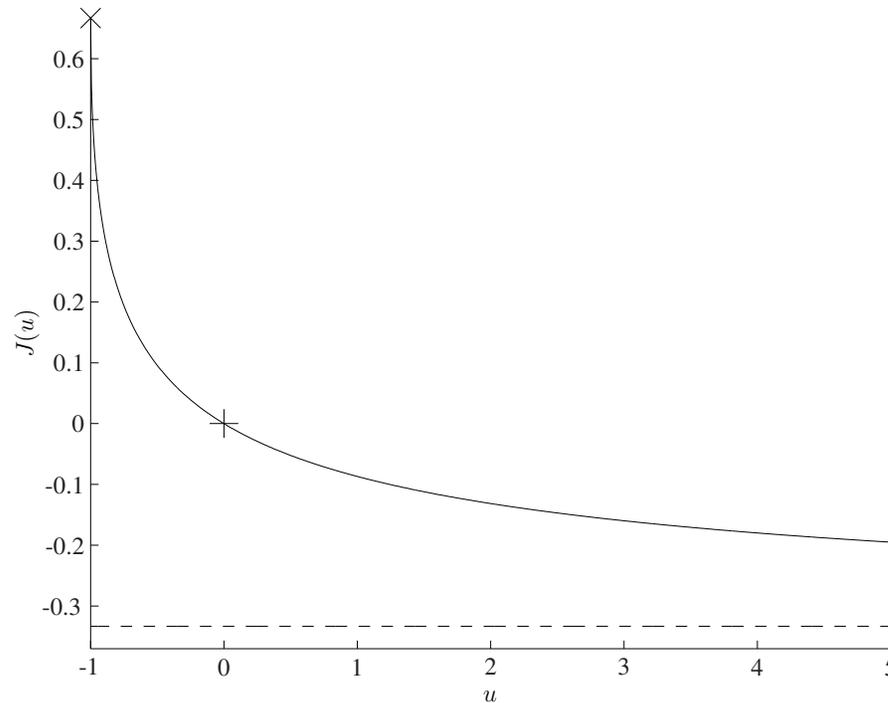
$$W(\mathbf{x}, \mathbf{k}) = \theta([6\pi^2 n]^{2/3} - \frac{1}{\alpha} k_{\rho}^2 - \alpha^2 k_z^2),$$

where α parameterizes the momentum distortion. In this case the direct energy is zero and

$$E_E = -\frac{C_{dd}\mathcal{V}}{2} J(\alpha^3 - 1)n^2, \quad (\text{taken } \eta=-1)$$

where

$$J(u) = \frac{1}{u} \left[\sqrt{1+u} \frac{\sinh^{-1} \sqrt{u}}{\sqrt{u}} - 1 \right] - \frac{1}{3}$$



In this case the exchange interactions compete against the kinetic energy (which itself prefers $\alpha = 1$)

$$E_{\text{kin}} = \frac{\mathcal{V}}{5} E_F n \left(\frac{1}{\alpha^2} + 2\alpha \right),$$

leading to a value of $\alpha \leq 1$ i.e. momentum distribution distorts along k_z : momentum space magnetostriction.

HF vs F and Observations:

- Miyakawa treatment can be extended to trapped system ($T = 0$, [see PRA **77** 061603 (2008)]) are predicts both momentum and spatial distortion.
- HF treatment does not predict $\lambda_{\text{crit}} \approx 5$ above which the system is stable.

Direct interactions	→ position space distortion
Exchange interactions	→ momentum space distortion

To explore quantum statistical effects need to go to $T \neq 0$ to apply theory to a normal Bose gas for comparison.

General ($T \neq 0$) Semiclassical Treatment

Hartree-Fock semiclassical treatment is⁴

$$W(\mathbf{x}, \mathbf{k}) = \frac{1}{e^{[\epsilon(\mathbf{x}, \mathbf{k}) - \mu]/k_B T} - \eta}$$
$$\epsilon(\mathbf{x}, \mathbf{k}) = \frac{\hbar^2 k^2}{2m} + V(\mathbf{x}) + 2gn(\mathbf{x}) + \Phi_D(\mathbf{x}) + \eta\Phi_E(\mathbf{x}, \mathbf{k})$$

where $g = 0$ for Fermions and we have introduced the direct and exchange interaction terms

$$\Phi_D(\mathbf{x}) = \int \frac{d\mathbf{x}' d\mathbf{k}'}{(2\pi)^3} U_{\text{dd}}(\mathbf{x} - \mathbf{x}') W(\mathbf{x}', \mathbf{k}') = \int d\mathbf{x}' U_{\text{dd}}(\mathbf{x} - \mathbf{x}') n(\mathbf{x}'),$$
$$\Phi_E(\mathbf{x}, \mathbf{k}) = \int \frac{d\mathbf{k}'}{(2\pi)^3} \tilde{U}_{\text{dd}}(\mathbf{k} - \mathbf{k}') W(\mathbf{x}, \mathbf{k}')$$

These equations have to be solved self-consistently for the Wigner function.

⁴Obtained variationally by minimizing the free energy. Also assuming a quadratic Hamiltonian (HF) and constraining the total number of atoms.

General Hartree theory

Obtained by neglecting the exchange dipolar term (but keep Fock for contact). In this case

$$\epsilon(\mathbf{x}, \mathbf{k}) = \frac{\hbar^2 k^2}{2m} + V_{\text{eff}}(\mathbf{x})$$

with

$$V_{\text{eff}}(\mathbf{x}) = V(\mathbf{x}) + 2gn(\mathbf{x}) + \Phi_D(\mathbf{x})$$

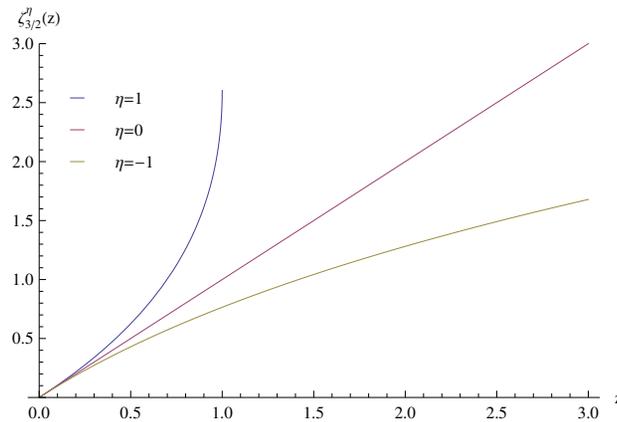
The simple k -dependence allows us to integrate for density

$$n(\mathbf{x}) = \int \frac{d\mathbf{k}}{(2\pi)^3} W(\mathbf{x}, \mathbf{k}) = \frac{1}{\lambda_{\text{dB}}^3} \zeta_{3/2}^{\eta} \left(e^{[\mu - V_{\text{eff}}(\mathbf{x})]/k_B T} \right)$$

where $\lambda_{\text{dB}} = h/\sqrt{2\pi m k_B T}$ and

$$\begin{aligned} \zeta_{\alpha}^{\eta}(z) &= \sum_{j=1}^{\infty} \eta^{j-1} z^j / j^{\alpha} \\ &= \frac{1}{\Gamma(\alpha)} \int_0^{\infty} \frac{t^{\alpha-1}}{e^t/z - \eta} dt. \end{aligned}$$

is the polylogarithm function [aka Bose ($\eta = 1$) or Fermi ($\eta = -1$) functions and



polylogrithm functions

Thus the Hartree solution can be obtained via $n(\mathbf{x})$ [i.e. we don't need $W(\mathbf{x}, \mathbf{k})$].

Notes

- For $T = 0$ Fermions we have

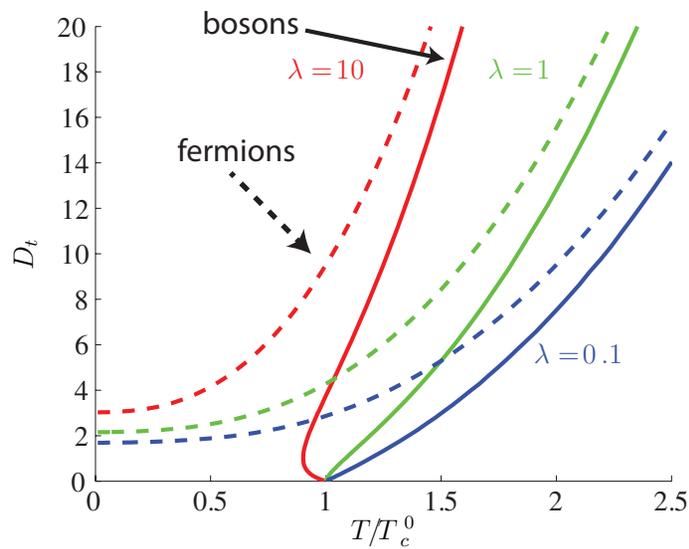
$$W(\mathbf{x}, \mathbf{k}) = \theta[\mu - \epsilon(\mathbf{x}, \mathbf{k})] \rightarrow \text{basis of variational treatments}$$

- $\Phi_D(\mathbf{x})$ is most easily calculated using the convolution theorem

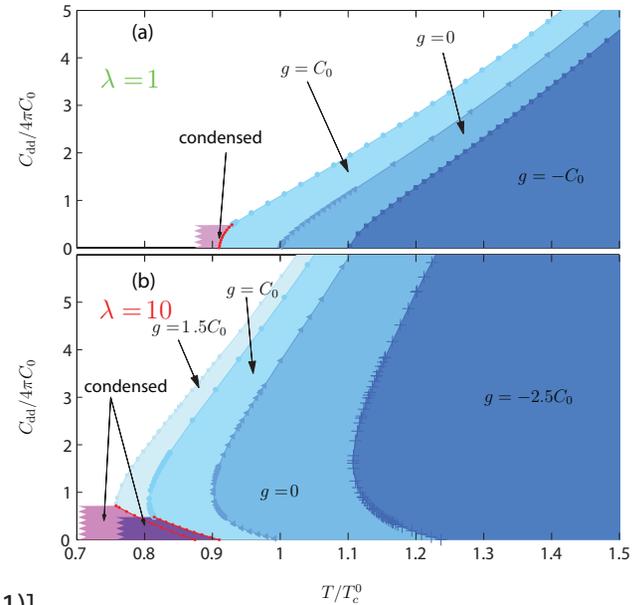
$$\Phi_D(\mathbf{x}) = \mathcal{F}^{-1} \{ \tilde{U}_{\text{dd}}(\mathbf{k}) \mathcal{F}\{n(\mathbf{x})\} \}$$

Hartree results

- Stability boundaries strikingly different for bosons and fermions
- Saturated Bose gas is fragile
- Double valued instability line emerges for bosons in pancake traps.



[From Bisset et al., PRA 83, 061602(R) (2011)]



General Hartree-Fock theory

HF calculations for trapped system are demanding but are tractable.

Simple characterization of magneto-striction effects is through the rms widths

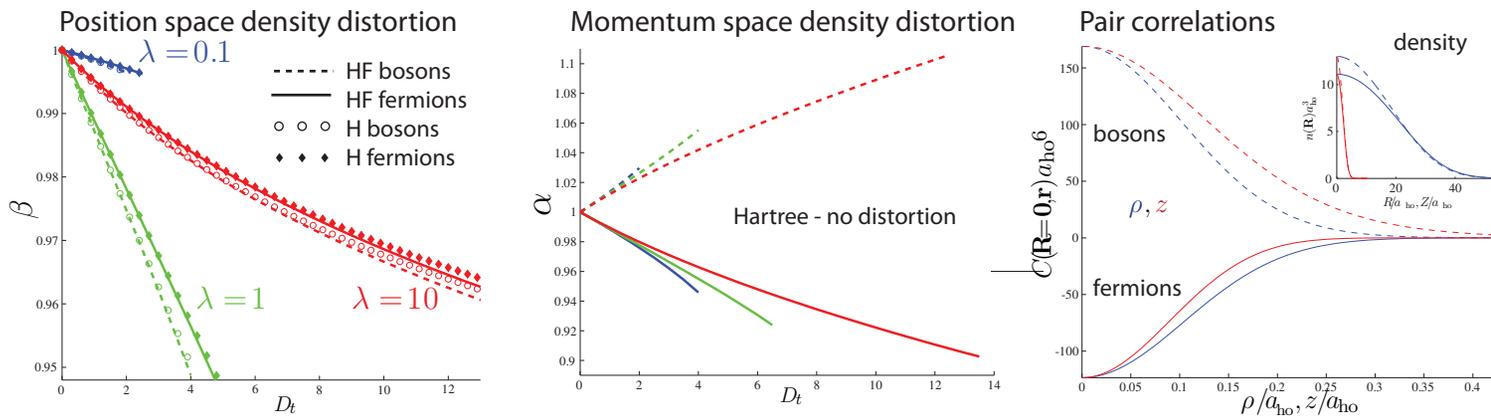
$$\sigma_\nu = \left[\frac{1}{N} \int \frac{d\mathbf{x}d\mathbf{k}}{(2\pi)^3} \nu^2 W(\mathbf{x}, \mathbf{k}) \right]^{1/2},$$

with momentum and position space density distortions defined as

$$\alpha \equiv \frac{\sigma_{k_x}}{\sigma_{k_z}}, \quad \beta \equiv \frac{1}{\lambda} \frac{\sigma_x}{\sigma_z},$$

Also consider the pair correlation function

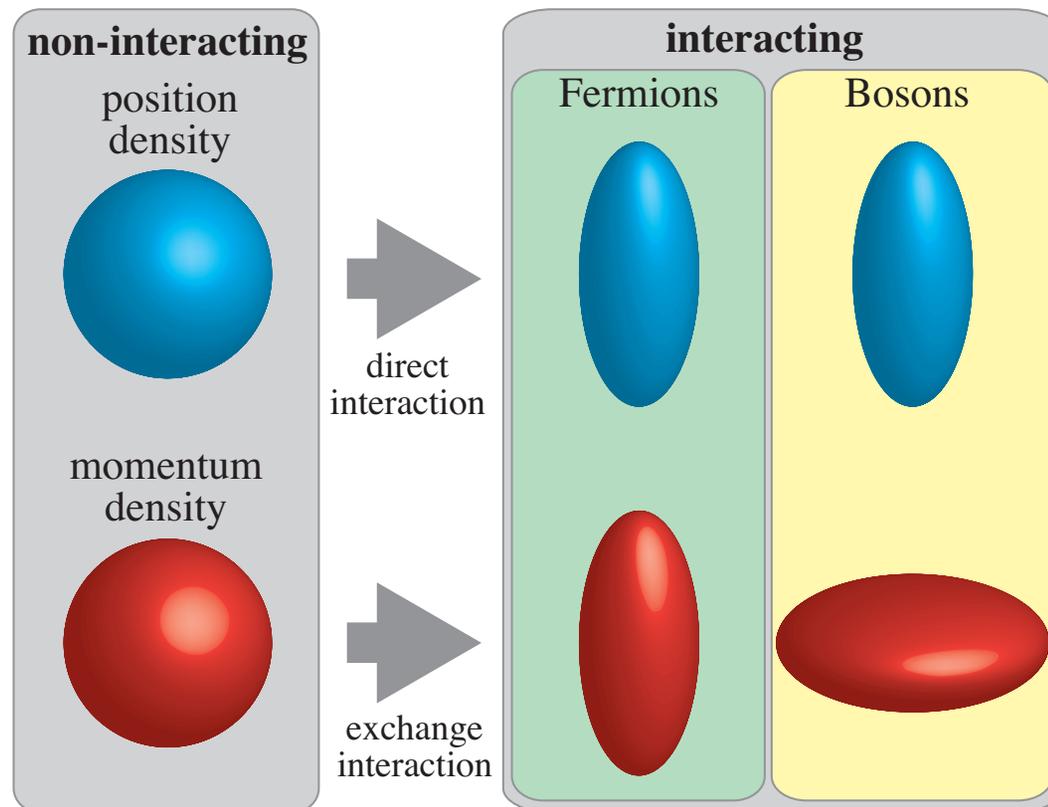
$$C(\mathbf{R}, \mathbf{r}) = G^{(2)}(\mathbf{R}, \mathbf{r}) - n(\mathbf{R} + \frac{1}{2}\mathbf{r})n(\mathbf{R} - \frac{1}{2}\mathbf{r}) = \eta \left| \int \frac{d\mathbf{k}}{(2\pi)^3} W(\mathbf{R}, \mathbf{k}) e^{i\mathbf{k}\cdot\mathbf{r}} \right|^2$$



[Adapted from Baillie et al., PRA 86, 023605 (2012)]

Hartree vs. Fock Observations (part 2):

Direct interactions	→ position space distortion (prolate)
Exchange interactions	→ momentum space distortion: $\begin{cases} \text{bosons} & \text{oblate} \\ \text{fermions} & \text{prolate} \end{cases}$

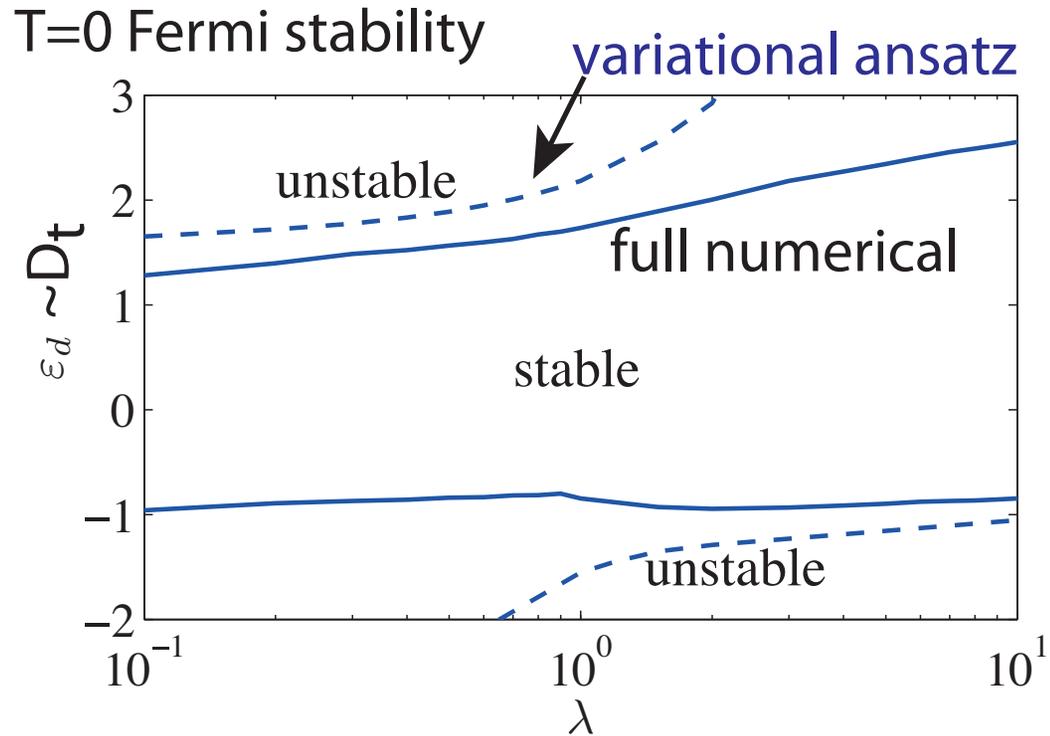


Extensions and other work

- Simplified variational treatments for trapped systems at finite T (see work by Nikuni and coworkers), and multicomponent systems [Bienias, PRA **88**, 043604 (2013)]
- Possible to use semiclassical theory to consider excitations and expansion dynamics [e.g. T Sogo et al., NJP **11**, 055017 (2009)]
- Much simpler to implement: a local HF theory [Baillie et al PRA **86**, 041603 (2012)] based on idea of a local momentum distortion:

$$\epsilon(\mathbf{x}, \mathbf{k}) = \frac{\hbar^2}{2m} [\kappa_\rho(\mathbf{x})k_\rho^2 + \kappa_z(\mathbf{x})k_z^2] + V_{\text{eff}}(\mathbf{x}).$$

Variational vs full calculations: what next?



[From Zhang PRA 80, 053614 (2009)]

$T = 0$ trapped fermions with pure DDIs

4 Dipolar Bose-Einstein Condensates

Gross-Pitaevskii equation (GPE)

From the usual GPE equation the replacement $g\delta(\mathbf{r}) \rightarrow g\delta(\mathbf{r}) + U_{\text{dd}}(\mathbf{r})$ gets us the non-local (dipolar) GPE:

$$i\hbar\frac{\partial\psi}{\partial t} = -\frac{\hbar^2}{2m}\nabla^2\psi + (V + g|\psi|^2 + \Phi_{\text{dd}})\psi$$

where $\Phi_{\text{dd}}(\mathbf{x}) = \int d\mathbf{x}' U_{\text{dd}}(\mathbf{x} - \mathbf{x}')|\psi(\mathbf{x}')|^2$ (c.f. Φ_D). The condensate wave function ψ is normalized to N .

With time-independent form (for ground states) of

$$\mu\psi = -\frac{\hbar^2}{2m}\nabla^2\psi + (V + g|\psi|^2 + \Phi_{\text{dd}})\psi,$$

where μ is the chemical potential. Validations of the dipolar GPE against diffusion Monte-Carlo were performed by Bohn, Blume and co-workers (also see Astrakharchik).

Condensate energy functional

The condensate energy functional is

$$E[\psi] = \int d\mathbf{x} \psi^*(\mathbf{x}) \left[-\frac{\hbar^2}{2m} \nabla^2 + V(\mathbf{x}) + \frac{1}{2}g|\psi(\mathbf{x})|^2 + \frac{1}{2}\Phi_{\text{dd}}(\mathbf{x}) \right] \psi(\mathbf{x})$$

The time-independent GPE can be derived by minimizing E subject to the normalization constraint

$$N = \int d\mathbf{x} |\psi(\mathbf{x})|^2,$$

which introduces μ as a Lagrange multiplier.

Note both E and N are constants of motion under evolution with the time-dependent GPE [unless $V = V(\mathbf{x}, t)$].

Thomas-Fermi (TF) ground state

Contact case:

The TF solution, valid for $Na/a_{\text{ho}} \gg 1$ where interactions dominate, is obtained by neglecting the kinetic energy. Has an inverted parabola form:

$$|\psi|_{\text{TF}}^2 = \begin{cases} \frac{\mu-V}{g}, & \text{for } \mu > V \\ 0 & \text{otherwise} \end{cases}$$
$$\rightarrow n_{\text{peak}} \left(1 - \frac{x^2}{R_x^2} - \frac{y^2}{R_y^2} - \frac{z^2}{R_z^2} \right)$$

with $n_{\text{peak}} = \mu/g = 15N/8\pi R_x R_y R_z$, and the TF *radius* $R_x = \sqrt{2\mu/m\omega_x^2}$ etc.

Dipolar case:

O'Dell and coworkers showed [PRL **92**, 250401 (2004); also see van Bijnen et al PRA (2010)] that despite the nonlocal potential Φ_{dd} , the **dipolar TF solution is of the same parabolic form!** However, the TF radii are not as simply related to the trap as in the contact case.

Dipolar TF solution: Φ_{dd}

Key point: for a density of parabolic form Φ_{dd} is quadratic in (x, y, z) .

For the cylindrical case $R_\rho = R_x = R_y$ and let $\kappa \equiv R_\rho/R_z$ be the TF anisotropy (c.f. trap anisotropy $\lambda = \omega_z/\omega_\rho$). For the inverted parabola form $|\psi|_{\text{TF}}^2$:

$$\Phi_{\text{dd}}^{\text{in}}(\mathbf{x}) = \frac{n_{\text{peak}} C_{\text{dd}}}{3} \left[\frac{\rho^2}{R_\rho^2} - \frac{2z^2}{R_z^2} - f(\kappa) \left(1 - \frac{3\rho^2 - 2z^2}{2R_\rho^2 - R_z^2} \right) \right], \quad \text{valid inside condensate}$$

where $f(\kappa) \left[= \frac{1+2\kappa^2}{1-\kappa^2} - \frac{3\kappa^2 \operatorname{arctanh} \sqrt{1-\kappa^2}}{(1-\kappa^2)^{3/2}} \right]$ was introduced earlier.

Outside the condensate (i.e. where $\rho^2/R_\rho^2 + z^2/R_z^2 > 1$) the asymptotic expression for large distances $|\mathbf{x}|$ is basically that of an N atom dipole:

$$\Phi_{\text{dd}}^{\text{out}}(\mathbf{x}) = \frac{N C_{\text{dd}}}{4\pi |\mathbf{x}|^3} \left[\underbrace{(1 - 3 \cos^2 \theta)}_{\text{giant dipole}} + \overbrace{\frac{R_\rho^2 - R_z^2}{|\mathbf{x}|^2} \left(\frac{9}{14} - \frac{45}{7} \frac{z^2}{|\mathbf{x}|^2} + \frac{15}{2} \frac{z^4}{|\mathbf{x}|^4} \right)}^{\text{shape dependent higher multipole}} + O \left(\frac{R_\rho, R_z}{|\mathbf{x}|} \right)^4 \right],$$

Dipolar TF solution: μ and R

The TF solution is then obtained by solving

$$\mu = V(\mathbf{x}) + g|\psi(\mathbf{x})|_{\text{TF}}^2 + \Phi_{\text{dd}}(\mathbf{x}).$$

Solving for the constant terms gives the chemical potential

$$\mu = gn_{\text{peak}}[1 - \epsilon_{\text{dd}}f(\kappa)].$$

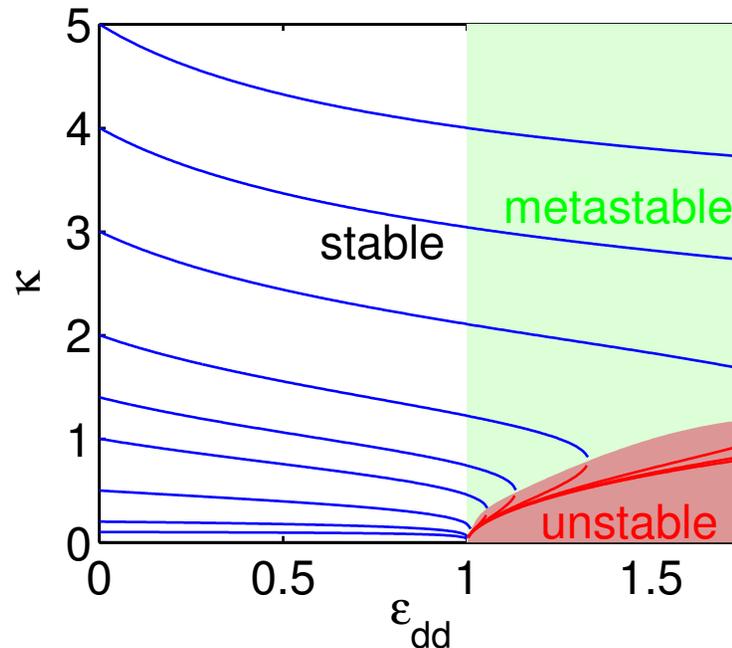
Solving for ρ^2 and z^2 terms gives

$$R_\rho = \left[\frac{15gN\kappa}{4\pi m\omega_\rho^2} \left\{ 1 + \epsilon_{\text{dd}} \left(\frac{3\kappa^2 f(\kappa)}{2(1 - \kappa^2)} - 1 \right) \right\} \right]^{1/5},$$

and hence $R_\rho = \kappa R_z$, where κ is given by a solution of the transcendental equation

$$3\kappa^2 \left[\frac{\epsilon_{\text{dd}}f(\kappa)}{1 - \kappa^2} \left(\frac{\lambda^2}{2} + 1 \right) - 1 \right] + (\epsilon_{\text{dd}} - 1)(\kappa^2 - \lambda^2) = 0.$$

Stability of TF solution



- For $\epsilon_{dd} < 1$ there is a single stable solution (global minimum)
- For $\epsilon_{dd} > 1$ there is a global minimum with $\kappa = 0$ (needle shaped solution).
 - For $\lambda < \lambda_{crit} = 5.17$ then there is a finite ϵ_{dd}^{crit} below which there is a metastable (local min) and unstable (saddle pt) solutions.
 - * At $\epsilon_{dd} = \epsilon_{dd}^{crit}$ a quadrupolar mode goes soft.
 - For $\lambda > \lambda_{crit}$, then $\epsilon_{dd}^{crit} = \infty$

Other TF properties

Must be cautious applying this theory beyond $\epsilon_{\text{dd}} = 1$:

- For $\epsilon_{\text{dd}} > 1$ phonon instabilities can occur (see Bogoliubov treatment later)
 - Also, short wavelength roton instabilities can occur (see roton discussion later)
- The energy of a cylindrical parabolic state $|\psi\rangle_{\text{TF}}^2$ for any R_ρ and R_z is (neglecting kinetic)

$$E = \overbrace{\frac{N}{14\lambda^{2/3}}\hbar\bar{\omega} \left(2\frac{R_\rho^2}{a_{\text{ho}}^2} + \lambda^2\frac{R_z^2}{a_{\text{ho}}^2} \right)}^{\text{trap}} + \overbrace{\frac{15N^2\hbar\bar{\omega}}{7} \frac{a_{\text{ho}}^3}{R_\rho^2 R_z} \left(\frac{a}{a_{\text{ho}}} - \frac{a_{\text{dd}}}{a_{\text{ho}}} f(\kappa) \right)}^{\text{contact+DDIs}}$$

Hydrodynamic description of dynamics

- Hydrodynamics description following [Castin & Dum, PRL **77**, 5315 (1996)].
Noting that the wavefunction can be written as

$$\psi = \sqrt{n}e^{i\phi}$$

with velocity field

$$\mathbf{v} = \frac{\hbar}{m} \nabla \phi,$$

the dynamics of the system in the TF regime [i.e. time dependent GPE neglecting the quantum pressure term $-\hbar^2 \nabla^2 \sqrt{n} / 2m\sqrt{n}$] is

$$\begin{aligned} \frac{\partial n}{\partial t} &= -\nabla \cdot (n\mathbf{v}), && \text{continuity eq.} \\ m \frac{\partial \mathbf{v}}{\partial t} &= -\nabla \left(\frac{mv^2}{2} + V + gn + \Phi_{\text{dd}} \right) && \text{Euler eq.} \end{aligned}$$

Scaling solutions to the hydrodynamic equations

A class of *scaling* solutions are given by:

$$n(\mathbf{x}, t) = n_0(t) \left[1 - \frac{x^2}{R_x^2(t)} - \frac{y^2}{R_y^2(t)} - \frac{z^2}{R_z^2(t)} \right],$$

$$\mathbf{v}(\mathbf{x}, t) = \frac{1}{2} \nabla [\alpha_x(t)x^2 + \alpha_y(t)y^2 + \alpha_z(t)z^2],$$

where $n_0(t) = 15N/[8\pi R_x(t)R_y(t)R_z(t)]$, and $\alpha_j = \dot{R}_j/R_j$. Substituting the scaling solution into the continuity and Euler equations yields the solutions

$$\ddot{R}_x = -\omega_x^2(t)R_x + \frac{15Ng}{4\pi m R_x R_z} \left[\frac{1}{R_x^2} - \epsilon_{\text{dd}}(t) \left(\frac{1}{R_x^2} + \frac{3}{2} \frac{f(R_x/R_z)}{R_x^2 - R_z^2} \right) \right],$$

$$\ddot{R}_z = -\omega_z^2(t)R_z + \frac{15Ng}{4\pi m R_x^2} \left[\frac{1}{R_z^2} + 2\epsilon_{\text{dd}}(t) \left(\frac{1}{R_z^2} + \frac{3}{2} \frac{f(R_x/R_z)}{R_x^2 - R_z^2} \right) \right],$$

where $\omega_j(t)$ allows the description of time-dependent traps (modulation or switch off), similarly the DDI could be changed in time [via $\epsilon_{\text{dd}}(t)$].

Gaussian Solution

Another useful approach is to set

$$\psi = \sqrt{\frac{N}{\pi^{3/2}\sigma_\rho^2\sigma_z a_{\text{ho}}^3}} \exp\left[-\frac{1}{2a_{\text{ho}}^2}\left(\frac{\rho^2}{\sigma_\rho^2} + \frac{z^2}{\sigma_z^2}\right)\right],$$

so that $|\psi|^2$ corresponds to our Gaussian ansatz used earlier with $\nu = 1$.

Evaluating the energy functional we obtain

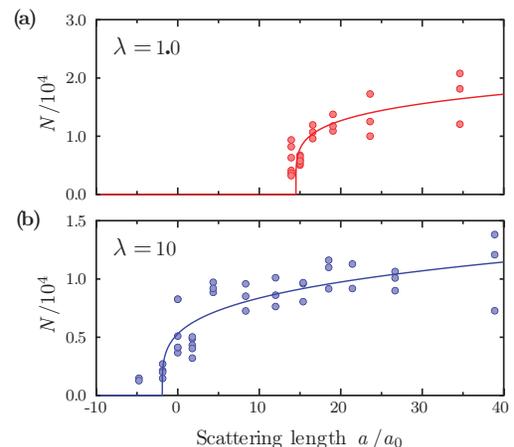
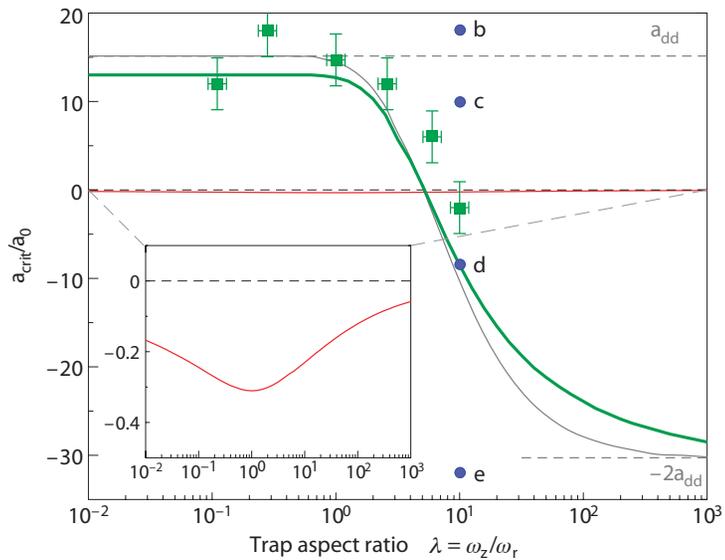
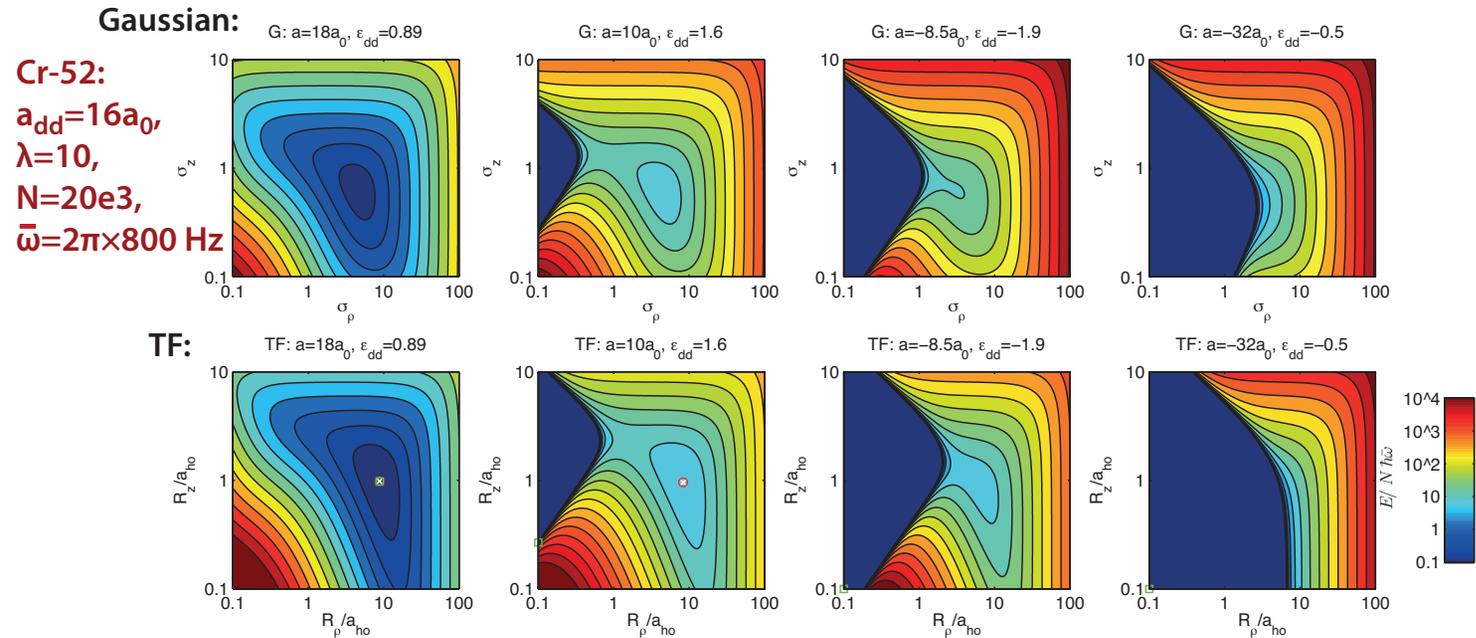
$$E = \overbrace{\frac{N\hbar\bar{\omega}}{4}\left(\frac{2}{\sigma_\rho^2} + \frac{1}{\sigma_z^2}\right)}^{\text{kinetic}} + \overbrace{\frac{N\hbar\bar{\omega}}{4\lambda^{2/3}}(2\sigma_\rho^2 + \lambda^2\sigma_z^2)}^{\text{trap}} + \overbrace{\frac{N^2\hbar\bar{\omega}}{\sqrt{2\pi}\sigma_\rho^2\sigma_z}\left(\frac{a}{a_{\text{ho}}} - \frac{a_{\text{dd}}}{a_{\text{ho}}}f(\sigma_\rho/\sigma_z)\right)}^{\text{contact + DDIs}}.$$

This approach can be extended to dynamics by making the widths $\{\sigma_\rho, \sigma_z\}$ time-dependent variational parameters and by introducing associated variational phases.

writing:
$$\frac{2E}{N\hbar\bar{\omega}} = \frac{1}{2}\left(\frac{2}{\sigma_\rho^2} + \frac{1}{\sigma_z^2}\right) + \frac{1}{2\lambda^{2/3}}(2\sigma_\rho^2 + \lambda^2\sigma_z^2) + \sqrt{\frac{2}{\pi}}\frac{N}{\sigma_\rho^2\sigma_z}\frac{a}{a_{\text{ho}}}(1 - \epsilon_{\text{dd}}f(\sigma_\rho/\sigma_z)),$$

shows that for $Na/a_{\text{ho}} \gg 1$ and $\epsilon_{\text{dd}} > 1$ then global minimum is a needle solution with $\sigma_\rho \rightarrow 0$ ($E \rightarrow -\infty$).

Trapped condensate stability: experimental comparison



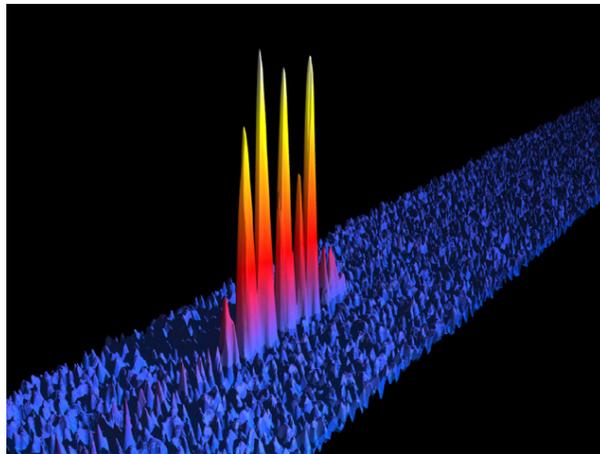
[From Nature Phys. 4, 218 (2008)]

Solitons

What is a soliton?

Wikipedia: “...a self-reinforcing solitary wave (a wave packet or pulse) that maintains its shape while it travels at constant speed.”

A **dark soliton** is a localized absence of atoms (dip) in the atomic field, observed in condensates with $a > 0$. Dark solitons are constrained to propagate in the nonlinear medium (the condensate!). In contrast a **bright soliton** is a localized wave packet that can occur for a quasi-1D condensate with $a < 0$.



Train of bright solitons in ^7Li produced in a quasi-1D wave guide with attractive contact interactions. K.E. Strecker, G. Partridge, A.G. Truscott, and R.G. Hulet, "Formation and Propagation of Matter Wave Soliton Trains", Nature (2002)

Bright solitons in dipolar BECs

A novel prediction for dipolar condensates is the existence of 2D bright solitons [Pedri et al PRL (2005)].

Consider the Gaussian energy functional in the **absence of radial confinement**

$$E = \frac{N\hbar\omega_z}{4} \left(\frac{2}{\sigma_\rho^2} + \frac{1}{\sigma_z^2} \right) + \frac{N\hbar\omega_z}{4} \sigma_z^2 + \frac{N^2\hbar\omega_z}{\sqrt{2\pi}\sigma_\rho^2\sigma_z} \left(\frac{a}{a_z} - \frac{a_{\text{dd}}}{a_z} f(\sigma_\rho/\sigma_z) \right),$$

with σ_ρ, σ_z the widths in units of $a_z = \sqrt{\hbar/m\omega_z}$.

Consider the case where the z -confinement is *strong*, so that we can take $\sigma_z \approx 1$.

We then get

$$E(\sigma_\rho) = \frac{N\hbar\omega_z}{4} \left(\frac{2}{\sigma_\rho^2} \right) + \frac{N^2\hbar\omega_z}{\sqrt{2\pi}\sigma_\rho^2} \left(\frac{a}{a_z} - \frac{a_{\text{dd}}}{a_z} f(\sigma_\rho) \right) + \text{const.}$$

For **pure contact interactions** both kinetic and interactions terms scale as $E \sim \sigma_\rho^{-2}$, i.e. monotonic in σ_ρ , and depending on the value of Na , $E(\sigma_\rho)$ either increases with σ_ρ (collapse instability) or decreases (expansion instability). Thus 2D solitons are not stable.

Quasi-2D condition for a bright soliton

With dipolar interactions a minimum can occur in $E(\sigma_\rho)$. Writing it as

$$E(\sigma_\rho) = \frac{N}{2} \hbar \omega_z \frac{1 + Aa - Aa_{\text{dd}} f(\sigma_\rho)}{\sigma_\rho^2},$$

with $A = \frac{N}{a_z} \sqrt{\frac{2}{\pi}}$, we clearly need $E(\sigma_\rho \rightarrow 0) \rightarrow +\infty$ (to avoid collapse), i.e. [using $f(0) = 1$]

$$1 + A(a - a_{\text{dd}}) > 0$$

But we also need $E(\infty) = 0^-$ to have a local minimum. Given $f(\infty) \rightarrow -2$, this means

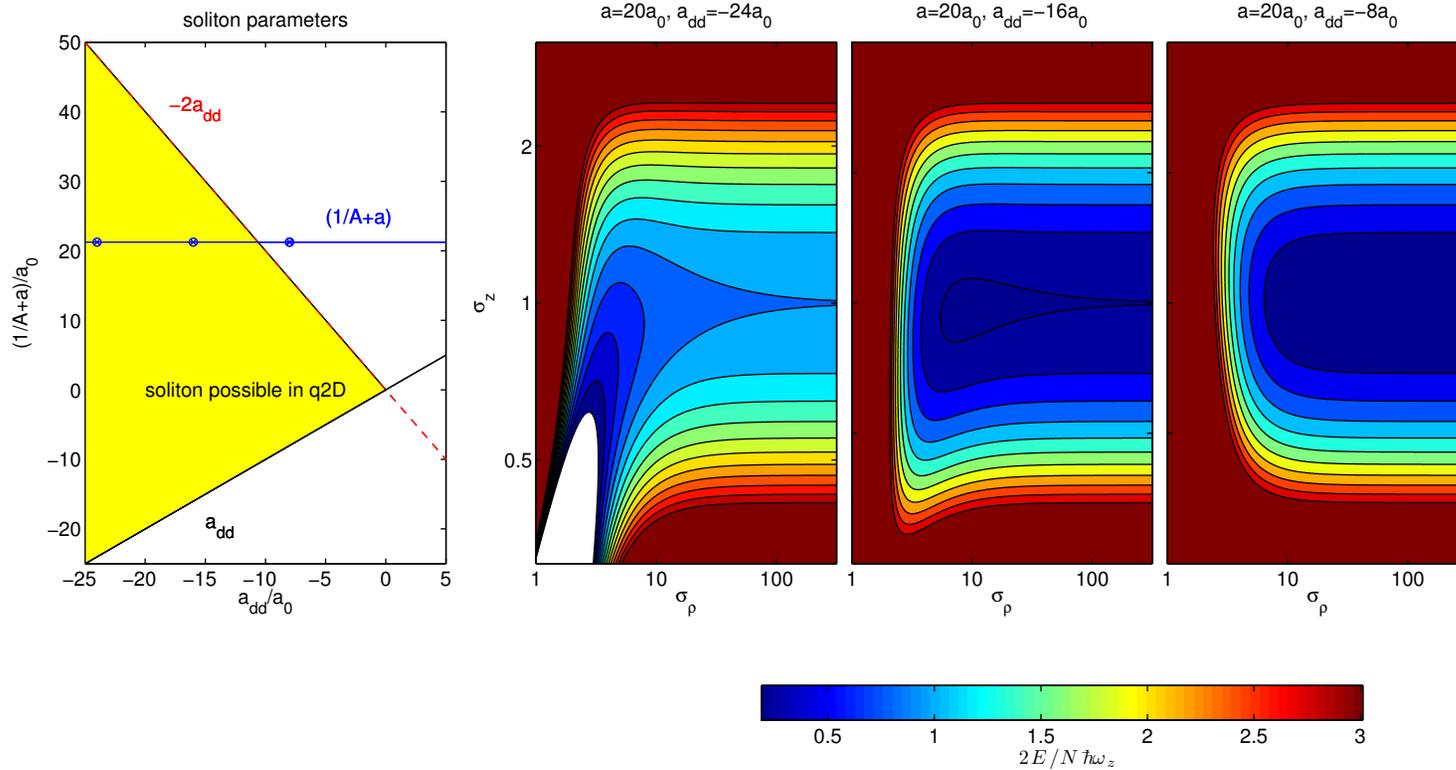
$$1 + A(a + 2a_{\text{dd}}) < 0$$

Combined conditions:

$$a_{\text{dd}} < \frac{1}{A} + a < -2a_{\text{dd}},$$

This is only satisfied for $a_{\text{dd}} < 0$, i.e. **negatively tuned dipoles.**

Example and 3D breakdown

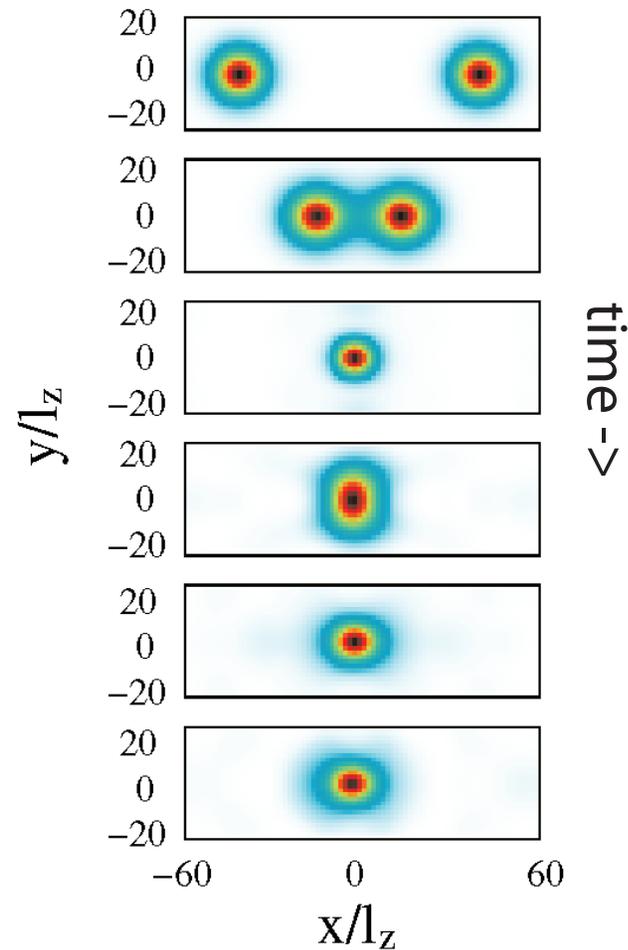


Example parameters for $a = 20 a_0$ and $N = 10,000$ atoms with $\omega_z = 2\pi \times 700\text{s}^{-1}$.

Left: Parameters and quasi-2D conditions

Right 3 subplots: Gaussian energy function for 3 parameter sets.

Inelastic collision of two bright dipolar solitons



[From Pedri et al., PRL 2005]

Inelastic collision of solitons: quasi-2D simulation from Pedri et al., PRL (2005).

Full numerical solution of time independent GPE

A number of groups have performed full numerical calculations for the time-dependent and time-independent GPE with DDIs. We briefly review an important technique:

Cylindrical solution technique:

Seminal work by Ronen and coworkers [PRA 2006] demonstrated an accurate and efficient method for solving the dipolar GPE and Bogoliubov excitations in a cylindrical harmonic trap. Two important innovations in that work are:

1. It is necessary to take Fourier transforms to evaluate $\Phi_{\text{dd}}(\mathbf{x}) = \mathcal{F}^{-1}\{\tilde{U}_{\text{dd}}(\mathbf{k})\mathcal{F}\{n(\mathbf{x})\}\}$ (z transformed separately). Consider the function $F(\boldsymbol{\rho}) = e^{im\phi} f(\rho)$ with Fourier transform

$$\begin{aligned}\tilde{f}(k_\rho, \phi_k) &= \mathcal{F}\{F\} = \int_0^\infty d\rho \rho \int_0^{2\pi} d\phi e^{i\mathbf{k}\cdot\boldsymbol{\rho}} e^{im\phi} f(\rho) \\ &= \int_0^\infty d\rho \rho \int_0^{2\pi} d\phi e^{ik_\rho\rho \cos(\phi-\phi_k)+im\phi} f(\rho) \\ &= i^{-m} e^{im\phi_k} \int_0^\infty d\rho \rho 2\pi J_m(k_\rho\rho) f(\rho) = 2\pi i^{-m} e^{im\phi_k} \mathcal{H}_m\{f(\rho)\}\end{aligned}$$

where $\mathcal{H}_m\{f(\rho)\} \equiv \int_0^\infty d\rho \rho J_m(k_\rho\rho) f(\rho)$ is the *Hankel transform* of order m .

This can be implemented using a Bessel quadrature.

2. Cutoff interaction potential. The k -space interaction $\tilde{U}_{\text{dd}}(\mathbf{k}) = \frac{1}{3}C_{\text{dd}}(3 \cos^2 \alpha - 1)$ is much nicer than in r -space. However the long range nature of the interaction causes phantom interactions with aliased copies of the condensate \rightarrow slow convergence with grid extent. Can remedy by *cutting-off* the interaction:

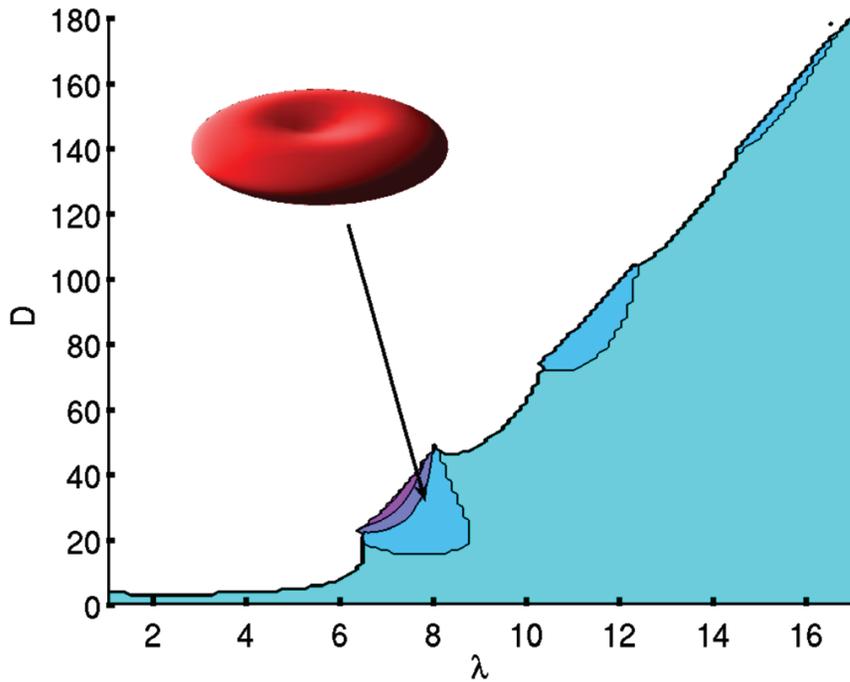
$$U_{\text{dd}}^R(\mathbf{r}) \equiv \begin{cases} \frac{C_{\text{dd}}}{4\pi} \frac{1-3 \cos^2 \theta}{r^3}, & r < R \\ 0, & \text{otherwise} \end{cases}$$

where R is the system size (e.g. grid extent). Fortunately this has an analytic transform:

$$\tilde{U}_{\text{dd}}^R(\mathbf{k}) = \tilde{U}_{\text{dd}}(\mathbf{k}) \times \left[1 + 3 \frac{\cos(Rk)}{R^2 k^2} - 3 \frac{\sin(Rk)}{R^3 k^3} \right].$$

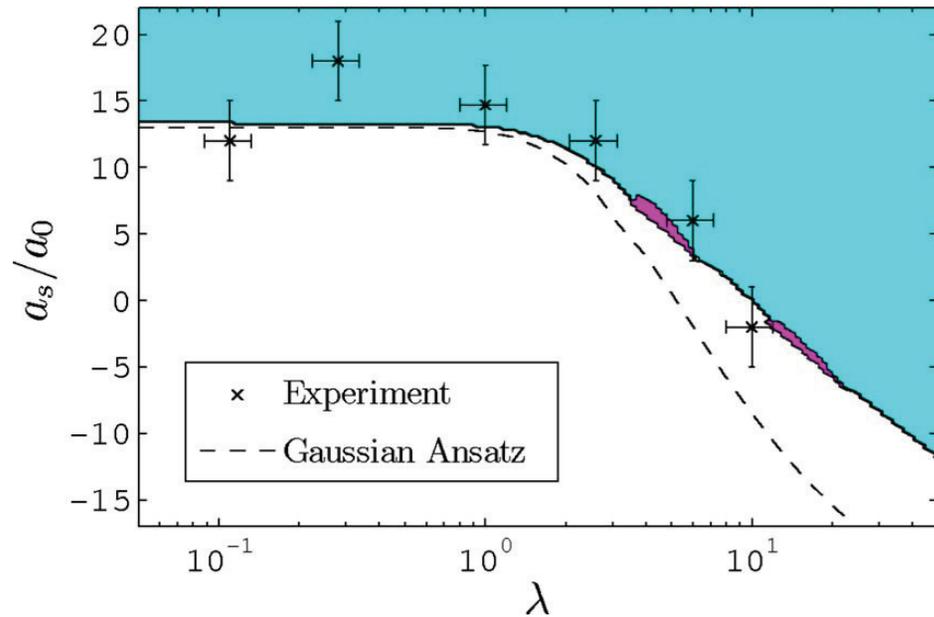
More general, e.g. cylindrical cutoffs Lu et al [PRA 2010], are beneficial for highly anisotropic systems.

GPE calculations: stability



[From Ronen PRL (2007)]

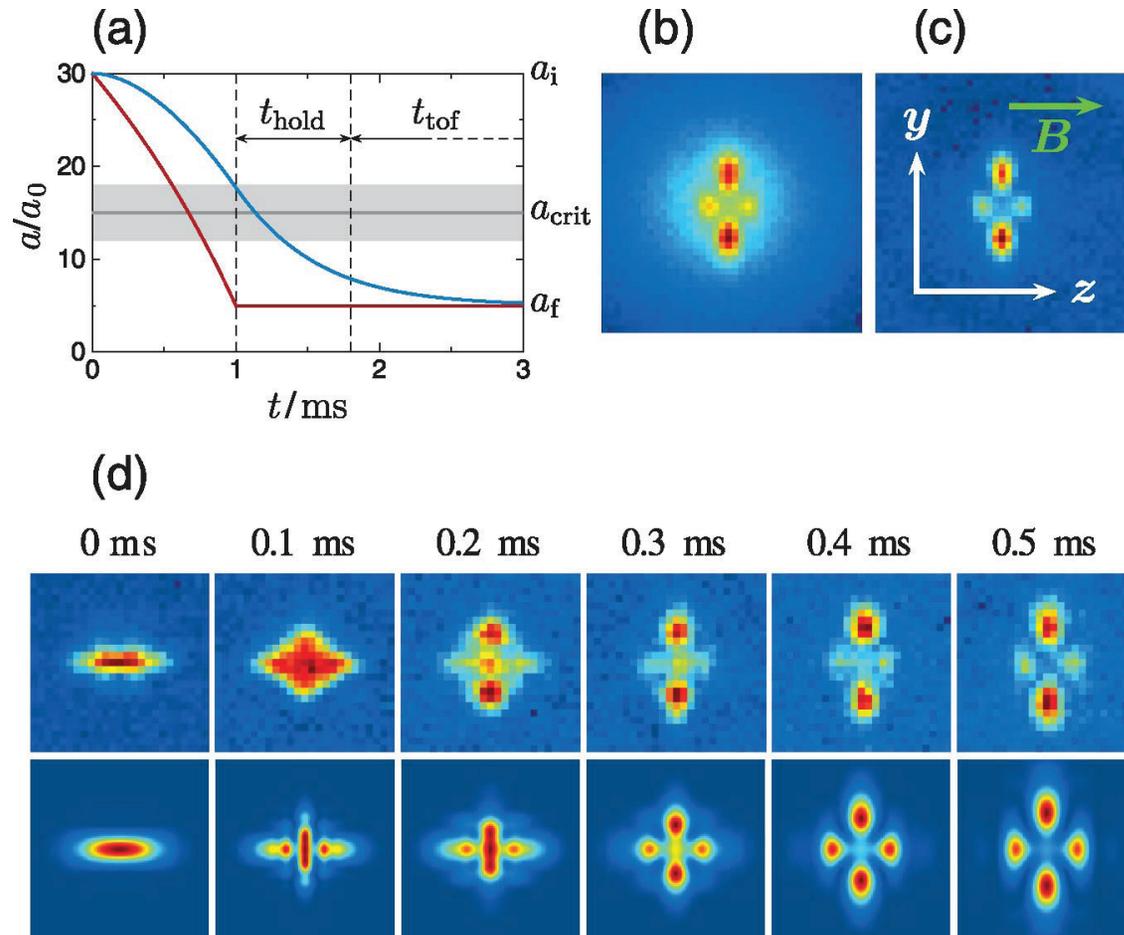
LEFT: Stability diagram of a purely dipolar condensate (stable regions shaded). $D = 3Na_{\text{dd}}/a_{\rho}$, with $a_{\rho} = \sqrt{\hbar/m\omega_{\rho}}$.



[From Wilson PRA (2009)]

RIGHT: GPE stability diagram for parameter regime of Koch et al experiment.

Expts & GPE calculations: collapse dynamics



[From PRL **101**, 080401 (2008)]

(a) Feshbach ramp of a . (b), (c) samples images after $t_{\text{hold}} = 0.4$ ms, in (c) the thermal cloud is subtracted. (d) (upper) experimental results; (lower) GPE simulations including 3-body loss. Experiments for Cr-52 in a nearly spherical trap

with $\bar{\omega} \sim 2\pi \times 500$ Hz, $N \approx 20 \times 10^3$.

5 Bogoliubov theory for a dipolar condensate

Manybody Hamiltonian

For a uniform system in d -dimensions with volume $V = L^d$ the bosonic field is

$$\hat{\psi}(\mathbf{x}) = \sum_{\mathbf{k}} \phi_{\mathbf{k}}(\mathbf{x}) \hat{a}_{\mathbf{k}}, \quad \text{where} \quad \phi_{\mathbf{k}}(\mathbf{x}) = \frac{1}{\sqrt{V}} e^{i\mathbf{k} \cdot \mathbf{x}},$$

and the manybody Hamiltonian is

$$\begin{aligned} \hat{H} &= \int d\mathbf{x} \hat{\psi}^\dagger(\mathbf{x}) \frac{-\hbar^2 \nabla^2}{2m} \hat{\psi}(\mathbf{x}) + \frac{1}{2} \int d\mathbf{x} \hat{\psi}^\dagger(\mathbf{x}) \hat{\psi}^\dagger(\mathbf{x}') U_{\text{int}}(\mathbf{x} - \mathbf{x}') \hat{\psi}(\mathbf{x}') \hat{\psi}(\mathbf{x}), \\ &= \sum_{\mathbf{k}} \epsilon_k^0 \hat{a}_{\mathbf{k}}^\dagger \hat{a}_{\mathbf{k}} + \frac{1}{2V} \sum_{\mathbf{k}_1, \mathbf{k}_2, \mathbf{k}_3, \mathbf{k}_4} \tilde{U}_{\text{int}}(\mathbf{k}_1 - \mathbf{k}_3) \hat{a}_{\mathbf{k}_1}^\dagger \hat{a}_{\mathbf{k}_2}^\dagger \hat{a}_{\mathbf{k}_3} \hat{a}_{\mathbf{k}_4} \delta_{\mathbf{k}_1 + \mathbf{k}_2, \mathbf{k}_3 + \mathbf{k}_4}, \end{aligned}$$

where $\epsilon_k^0 = \hbar^2 k^2 / 2m$, $\tilde{U}_{\text{int}}(\mathbf{k}) = g + \tilde{U}_{\text{dd}}(\mathbf{k})$.

Quadratic Hamiltonian for condensed system

Assuming a condensate we set $\hat{a}_0, \hat{a}_0^\dagger \rightarrow \sqrt{N_0}$. Substituting this into the Hamiltonian and only keeping terms of order N_0^2 and N_0 , the interaction part becomes

$$\hat{H}_{\text{int}} \approx \frac{1}{2V} \left[N_0^2 \tilde{U}_{\text{int}}(0) + N_0 \sum_{\mathbf{k} \neq 0} \left\{ \overbrace{\tilde{U}_{\text{int}}(0) (\hat{a}_{\mathbf{k}}^\dagger \hat{a}_{\mathbf{k}} + \hat{a}_{-\mathbf{k}}^\dagger \hat{a}_{-\mathbf{k}})}^{\text{Direct}} + \overbrace{\tilde{U}_{\text{int}}(\mathbf{k}) (\hat{a}_{\mathbf{k}}^\dagger \hat{a}_{\mathbf{k}} + \hat{a}_{-\mathbf{k}}^\dagger \hat{a}_{-\mathbf{k}})}^{\text{Exchange}} + \overbrace{\tilde{U}_{\text{int}}(\mathbf{k}) (\hat{a}_{\mathbf{k}}^\dagger \hat{a}_{-\mathbf{k}}^\dagger + \hat{a}_{\mathbf{k}} \hat{a}_{-\mathbf{k}})}^{\text{Pair Excitation}} \right\} \right]$$

To consider states of fixed total number we use $N \approx N_0 + \frac{1}{2} \sum_{\mathbf{k} \neq 0} (\hat{a}_{\mathbf{k}}^\dagger \hat{a}_{\mathbf{k}} + \hat{a}_{-\mathbf{k}}^\dagger \hat{a}_{-\mathbf{k}})$, to replace $N_0 \rightarrow N$, which gives

$$\hat{H}_{\text{int}} \approx \frac{1}{2V} \left[N^2 \tilde{U}_{\text{int}}(0) + N \sum_{\mathbf{k} \neq 0} \left\{ \tilde{U}_{\text{int}}(\mathbf{k}) (\hat{a}_{\mathbf{k}}^\dagger \hat{a}_{\mathbf{k}} + \hat{a}_{-\mathbf{k}}^\dagger \hat{a}_{-\mathbf{k}}) + \tilde{U}_{\text{int}}(\mathbf{k}) (\hat{a}_{\mathbf{k}}^\dagger \hat{a}_{-\mathbf{k}}^\dagger + \hat{a}_{\mathbf{k}} \hat{a}_{-\mathbf{k}}) \right\} \right],$$

i.e. cancelling the direct interaction term. Setting $n = N/V$ we have

$$\hat{H} = \frac{N^2 \tilde{U}_{\text{int}}(0)}{2V} + \frac{1}{2} \sum_{\mathbf{k} \neq 0} \left[(\epsilon_{\mathbf{k}}^0 + n \tilde{U}_{\text{int}}(\mathbf{k})) (\hat{a}_{\mathbf{k}}^\dagger \hat{a}_{\mathbf{k}} + \hat{a}_{-\mathbf{k}}^\dagger \hat{a}_{-\mathbf{k}}) + n \tilde{U}_{\text{int}}(\mathbf{k}) (\hat{a}_{\mathbf{k}}^\dagger \hat{a}_{-\mathbf{k}}^\dagger + \hat{a}_{\mathbf{k}} \hat{a}_{-\mathbf{k}}) \right],$$

Diagonalizing quadratic Hamiltonian

The quasiparticle transformations $\hat{a}_{\mathbf{k}} = u_{\mathbf{k}}\hat{\alpha}_{\mathbf{k}} - v_{\mathbf{k}}\hat{\alpha}_{-\mathbf{k}}^\dagger$, with inverse transformation $\hat{\alpha}_{\mathbf{k}} = u_{\mathbf{k}}\hat{a}_{\mathbf{k}} + v_{\mathbf{k}}\hat{a}_{-\mathbf{k}}^\dagger$. Require $u_{\mathbf{k}}^2 - v_{\mathbf{k}}^2 = 1$ to ensure the transformation is canonical (i.e. $[\hat{\alpha}_{\mathbf{k}}, \hat{\alpha}_{\mathbf{k}}^\dagger] = 1$).

$$\begin{aligned} \hat{H} = & \frac{1}{2}\tilde{U}_{\text{int}}(0)n^2V + \sum_{\mathbf{k}\neq 0} [(\epsilon_{\mathbf{k}}^0 + n\tilde{U}_{\text{int}}(\mathbf{k})) v_{\mathbf{k}}^2 - n\tilde{U}_{\text{int}}(\mathbf{k})u_{\mathbf{k}}v_{\mathbf{k}}] \\ & + \frac{1}{2} \sum_{\mathbf{k}\neq 0} [(\epsilon_{\mathbf{k}}^0 + n\tilde{U}_{\text{int}}(\mathbf{k})) (u_{\mathbf{k}}^2 + v_{\mathbf{k}}^2) - 2n\tilde{U}_{\text{int}}(\mathbf{k})u_{\mathbf{k}}v_{\mathbf{k}}] \left(\hat{\alpha}_{\mathbf{k}}^\dagger \hat{a}_{\mathbf{k}} + \hat{\alpha}_{-\mathbf{k}}^\dagger \hat{a}_{-\mathbf{k}} \right) \\ & + \frac{1}{2} \sum_{\mathbf{k}\neq 0} [n\tilde{U}_{\text{int}}(\mathbf{k}) (u_{\mathbf{k}}^2 + v_{\mathbf{k}}^2) - 2(\epsilon_{\mathbf{k}}^0 + n\tilde{U}_{\text{int}}(\mathbf{k})) u_{\mathbf{k}}v_{\mathbf{k}}] \left(\hat{\alpha}_{\mathbf{k}}^\dagger \hat{\alpha}_{-\mathbf{k}}^\dagger + \hat{a}_{\mathbf{k}} \hat{a}_{-\mathbf{k}} \right). \end{aligned}$$

The last off-diagonal term can be eliminated by choosing $u_{\mathbf{k}}$ and $v_{\mathbf{k}}$ to satisfy

$$n\tilde{U}_{\text{int}}(\mathbf{k}) (u_{\mathbf{k}}^2 + v_{\mathbf{k}}^2) = 2(\epsilon_{\mathbf{k}}^0 + n\tilde{U}_{\text{int}}(\mathbf{k})) u_{\mathbf{k}}v_{\mathbf{k}}.$$

Taking $u_{\mathbf{k}} = \cosh \theta_{\mathbf{k}}$ and $v_{\mathbf{k}} = \sinh \theta_{\mathbf{k}}$ [ensures $u_{\mathbf{k}}^2 - v_{\mathbf{k}}^2 = 1$] and solving above Eq:

$$\tanh 2\theta_{\mathbf{k}} = \frac{n\tilde{U}_{\text{int}}(\mathbf{k})}{\epsilon_{\mathbf{k}}^0 + n\tilde{U}_{\text{int}}(\mathbf{k})}.$$

Using $\cosh(\theta) = \sqrt{\frac{1}{2}[\cosh 2\theta + 1]}$, $\cosh 2\theta = \cosh[\operatorname{arctanh}(x)] = \frac{1}{\sqrt{1-x^2}}$ with $x = n\tilde{U}/[\epsilon + n\tilde{U}]$ etc., we get

$$v_{\mathbf{k}}^2 = u_{\mathbf{k}}^2 - 1 = \frac{1}{2} \left(\frac{\epsilon_k^0 + n\tilde{U}_{\text{int}}(\mathbf{k})}{\epsilon_{\mathbf{k}}} - 1 \right),$$

where

$$\epsilon_{\mathbf{k}} = \sqrt{(\epsilon_k^0 + n\tilde{U}_{\text{int}}(\mathbf{k}))^2 - (n\tilde{U}_{\text{int}}(\mathbf{k}))^2}.$$

Thus we have the Bogoliubov description of the excitations:

$$\epsilon = \sqrt{\epsilon_k^0 (\epsilon_k^0 + 2n\tilde{U}_{\text{int}}(\mathbf{k}))}, \quad (1)$$

$$u_{\mathbf{k}} = \sqrt{\frac{1}{2} \left(\frac{\epsilon_k^0 + n\tilde{U}_{\text{int}}(\mathbf{k})}{\epsilon_{\mathbf{k}}} + 1 \right)}, \quad (2)$$

$$v_{\mathbf{k}} = \sqrt{\frac{1}{2} \left(\frac{\epsilon_k^0 + n\tilde{U}_{\text{int}}(\mathbf{k})}{\epsilon_{\mathbf{k}}} - 1 \right) \operatorname{sign}(\tilde{U}_{\text{int}}(\mathbf{k}))} \quad (3)$$

Note: Assuming stable, i.e. $\epsilon_k^0 + n\tilde{U}_{\text{int}}(k) > 0$, we have $\theta_k > 0$ for repulsive interactions, $\theta_k = 0$ for non-interacting and $\theta_k < 0$ for attractive interactions.

In the Bogoliubov basis the quadratic Hamiltonian is diagonal

$$\hat{H} = \frac{1}{2} \tilde{U}_{\text{int}}(0) n^2 V - \frac{1}{2} \sum_{\mathbf{k} \neq 0} (\epsilon_{\mathbf{k}}^0 + n \tilde{U}_{\text{int}}(\mathbf{k}) - \epsilon_{\mathbf{k}}) + \frac{1}{2} \sum_{\mathbf{k} \neq 0} \epsilon_{\mathbf{k}} \left(\hat{a}_{\mathbf{k}}^\dagger \hat{a}_{\mathbf{k}} + \hat{a}_{-\mathbf{k}}^\dagger \hat{a}_{-\mathbf{k}} \right).$$

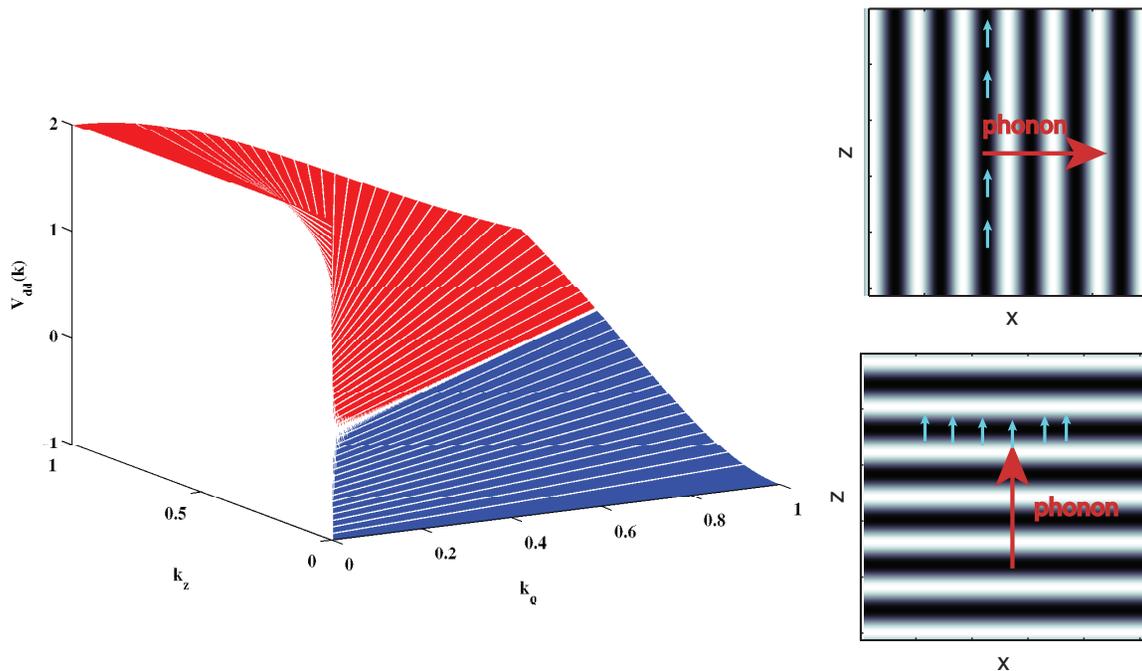
- These results all revert to the usual contact case if we replace $\tilde{U}_{\text{int}}(\mathbf{k}) \rightarrow g$.
- This can be generalized to the trapped case and solved using the techniques discussed for the GPE (e.g. see Ronen et al., PRA (2006)).

Stability of a uniform 3D dipolar BEC

A necessary condition for stability is that the system is dynamically and thermodynamically stable. This requires that all ϵ are real and positive.

For a BEC with DDIs $\tilde{U}_{\text{int}}(\mathbf{k}) = \tilde{U}_{\text{int}}(\theta_{\mathbf{k}})$ and we need to concern ourselves with $\theta_{\mathbf{k}} = \pi/2$ where $\tilde{U}_{\text{int}} = g(1 - \epsilon_{\text{dd}})$ [cf. $\theta_{\mathbf{k}} = 0$ where $\tilde{U}_{\text{int}} = g(1 + 2\epsilon_{\text{dd}})$]. The Bogoliubov spectrum is real and positive if $\tilde{U}_{\text{int}} \geq 0$, i.e.

$$\epsilon_{\text{dd}} \leq 1, \quad (\text{stability condition 3D uniform})$$



3D DDI in k -space: role of phonons.

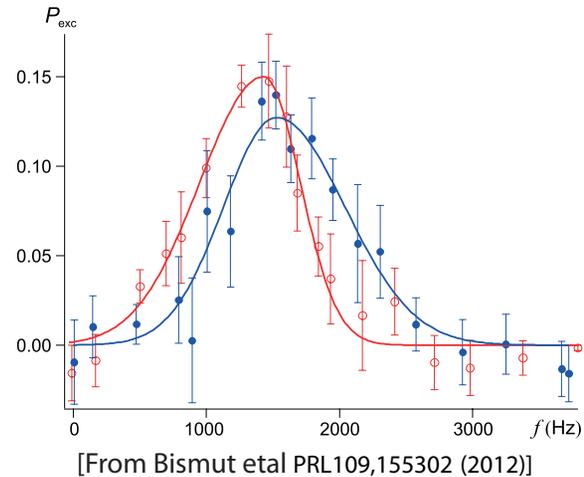
Speed of sound

In the 3D uniform system ($\epsilon_{dd} < 1$) the excitation spectrum is linear (phonon like) for small k . However the slope, and hence the speed of sound c is *anisotropic*.

$$c_\rho = \lim_{k_\rho \rightarrow 0} \frac{\epsilon(k_\rho, k_z = 0)}{k_\rho} = c_0 \sqrt{1 - \epsilon_{dd}},$$

$$c_z = \lim_{k_z \rightarrow 0} \frac{\epsilon(k_\rho = 0, k_z)}{k_z} = c_0 \sqrt{1 + 2\epsilon_{dd}},$$

where $c_0 = \sqrt{gn/m}$ is the speed of sound for the contact interactions alone.



Bragg spectroscopy at fixed momentum transfer (●) along z , (○) along x .

6 Quasi-2D System

Quasi-2D interaction

Assume tight confinement along z provided by $V = \frac{1}{2}m\omega_z^2 z^2$ and assume the condensate and excitations can all be taken as

$$\psi \sim \psi(\boldsymbol{\rho})\sqrt{n_{\text{ho}}(z)},$$

where $n_{\text{ho}}(z) = \frac{1}{l_z\sqrt{\pi}}e^{-z^2/l_z^2}$ is the oscillator ground state density, with $l_z = \sqrt{\hbar/m\omega_z}$.

The tight direction can be integrated out to give a quasi-2D interaction:

$$\tilde{U}_{q2D}(\mathbf{k}_\rho) = \int dk_z \tilde{U}_{\text{int}}(\mathbf{k})[\tilde{n}_{\text{ho}}(k_z)]^2.$$

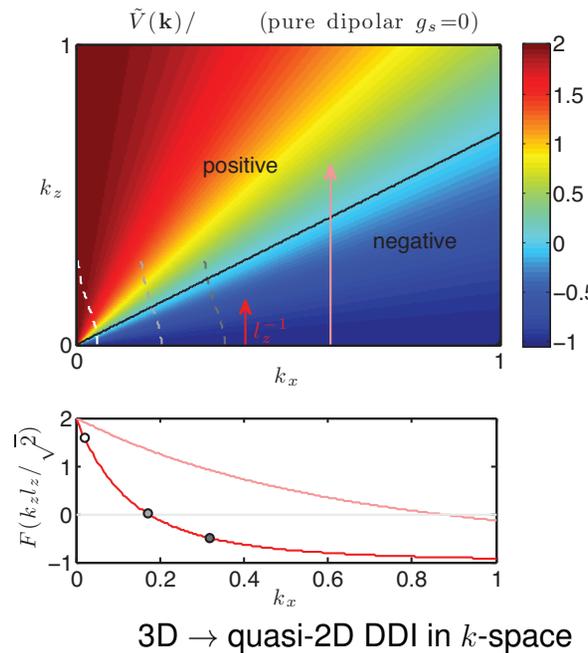
to obtain [e.g. see Pedri PRL (2005)]

$$\tilde{U}_{q2D}(\mathbf{k}_\rho) = \frac{g}{\sqrt{2\pi}l_z} + \frac{g_{\text{dd}}}{\sqrt{2\pi}l_z} F\left(\frac{1}{\sqrt{2}}k_\rho l_z\right),$$

with $F(q) = 2 - 3\sqrt{\pi}qe^{q^2}\text{erfc}(q)$ and introducing $g_{\text{dd}} = \frac{C_{\text{dd}}}{3}$.

Momentum dependence of Quasi-2D interaction

Limits $F(0) = 2$, $F(\infty) = -1$



A uniform quasi-2D condensate of density n has chemical potential [neglecting z confinement energy]

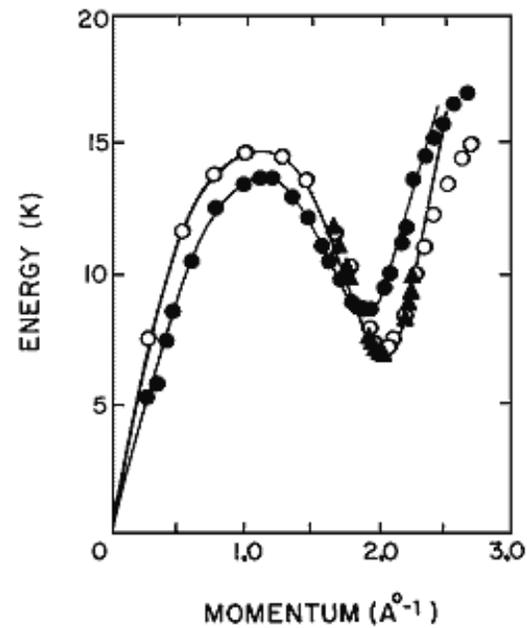
$$\mu_{q2D} = n\tilde{U}_{q2D}(0) = n[g + 2g_{dd}]/\sqrt{2\pi}l_z$$

Note: for $g_{dd} > 0$ the long wavelength interaction is repulsive and the system *appears* stable even for $g = 0$. However, need to carefully look at $k_\rho > 0$.

Rotons

What is a roton?

The "roton minimum" is the local minimum observed in the excitation spectrum of superfluid Helium.



The excitation spectrum of superfluid He at two pressures at $T = 1.1$ K. Dots, SVP, open circles, 25.3 atm, Henshaw and Woods [Proc. 7th Int. Conf. on LTP, (1961)]; triangles, 1.25 K, 24.26 atm, [Dietrich et al. PRA (1972)]

Rotons in a quasi-2D dipolar condensate

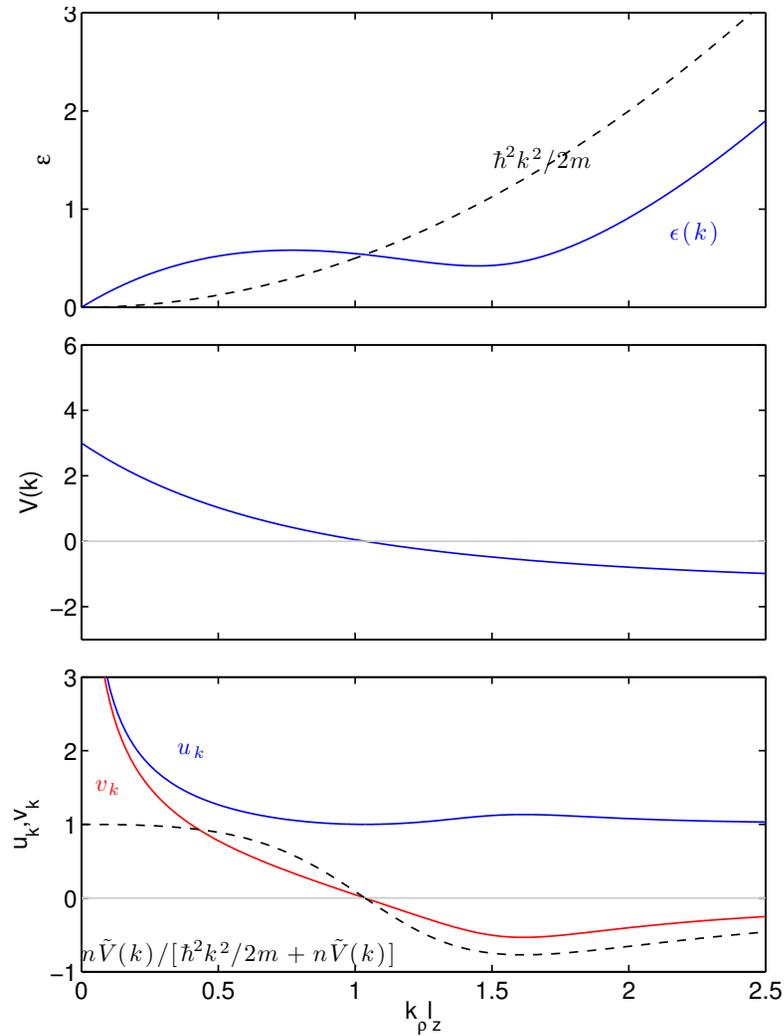
Immediate consequence of the k -dependence (high k attractiveness) of the quasi-2D interaction is that the dispersion relation is modified. This can allow a *roton*-like excitation to emerge: first predicted by Santos et al [PRL 2003] (also earlier work by O'Dell on light induced dipoles).

The Bogoliubov theory derived immediately applies to 2D if there is a condensate [or can be adapted to quasi-condensates, see Mora & Castin PRA (2003)]. The dispersion relation is

$$\epsilon(\mathbf{k}_\rho) = \sqrt{\frac{\hbar^2 k_\rho^2}{2m} \left\{ \frac{\hbar^2 k_\rho^2}{2m} + 2n\tilde{U}_{q2D}(\mathbf{k}_\rho) \right\}}.$$

Roton example

For appropriately values of g , C_{dd} and n , the spectrum has a finite- k local minimum:

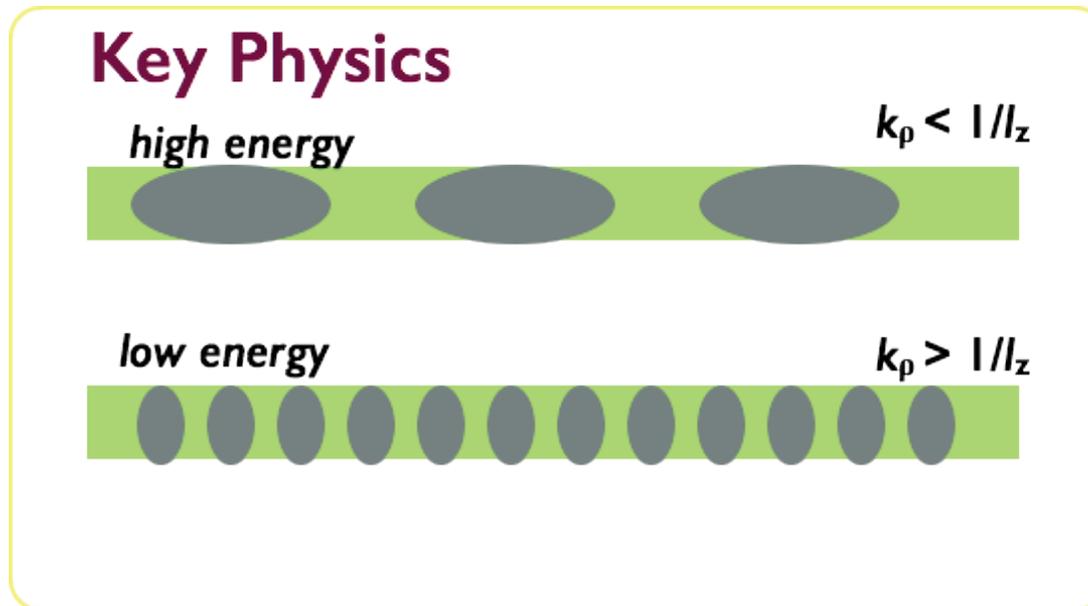


Roton dispersion relation, k -space interaction and Bogoliubov amplitudes. Parameters: $g = 0$, $ng_{dd} = 1.5\hbar\omega_z$.

Careful: Is quasi-2D Valid?

Why do interactions lower the energy at high k ?

Excitations of wavelength shorter than l_z create prolate density modulations that lower the DDI energy.



Density Fluctuations

It is interesting to consider the Fourier transformed density operator.

Using that the field operator is $\hat{\psi}(\mathbf{x}) = \sum_{\mathbf{k}} \frac{1}{\sqrt{A}} e^{i\mathbf{k}\cdot\mathbf{x}} \hat{a}_{\mathbf{k}}$ and $\hat{n}(\mathbf{x}) = \hat{\psi}^\dagger(\mathbf{x})\hat{\psi}(\mathbf{x})$, the Fourier transformed density operator

$$\hat{n}_{\mathbf{q}} = \int d\mathbf{x} e^{-i\mathbf{q}\cdot\mathbf{x}} \hat{n}(\mathbf{x}) = \sum_{\mathbf{k}} \hat{a}_{\mathbf{k}-\mathbf{q}}^\dagger \hat{a}_{\mathbf{k}},$$

with $\hat{n}_{\mathbf{q}}^\dagger = \hat{n}_{-\mathbf{q}}$. For a condensed Bose gas

$$\hat{n}_{\mathbf{q}} \approx n\delta_{\mathbf{q}\mathbf{0}} + \sqrt{n}(\hat{a}_{\mathbf{q}}^\dagger + \hat{a}_{-\mathbf{q}}),$$

the density fluctuation

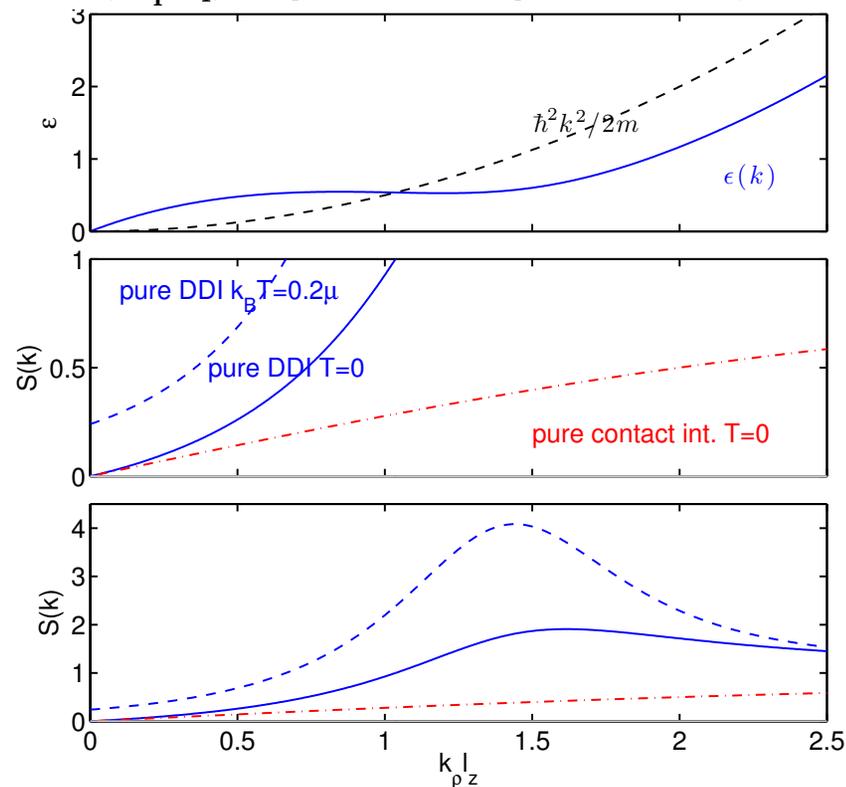
$$\delta\hat{n}_{\mathbf{q}} = \hat{n}_{\mathbf{q}} - \langle \hat{n}_{\mathbf{q}} \rangle \approx \sqrt{n}(u_{\mathbf{q}} - v_{\mathbf{q}})(\hat{\alpha}_{\mathbf{q}}^\dagger + \hat{\alpha}_{-\mathbf{q}}).$$

Static structure factor

The density fluctuations are characterized by the static structure factor

$$S(\mathbf{q}) = \frac{1}{N} \langle \delta \hat{n}_{\mathbf{q}}^\dagger \delta \hat{n}_{\mathbf{q}} \rangle \approx (u_{\mathbf{q}} - v_{\mathbf{q}})^2 \langle \hat{\alpha}_{\mathbf{q}} \hat{\alpha}_{\mathbf{q}}^\dagger + \hat{\alpha}_{\mathbf{q}}^\dagger \hat{\alpha}_{\mathbf{q}} \rangle = \frac{\hbar^2 q^2}{2m \epsilon(\mathbf{q})} \coth \left[\frac{\epsilon(\mathbf{q})}{2k_B T} \right],$$

Here we have used $\langle \hat{\alpha}_{\mathbf{q}}^\dagger \hat{\alpha}_{\mathbf{q}} \rangle = [e^{\epsilon(\mathbf{q})/k_B T} - 1]^{-1}$. Note $S(\mathbf{q} \rightarrow 0) = \frac{k_B T}{\mu}$ [compressibility].



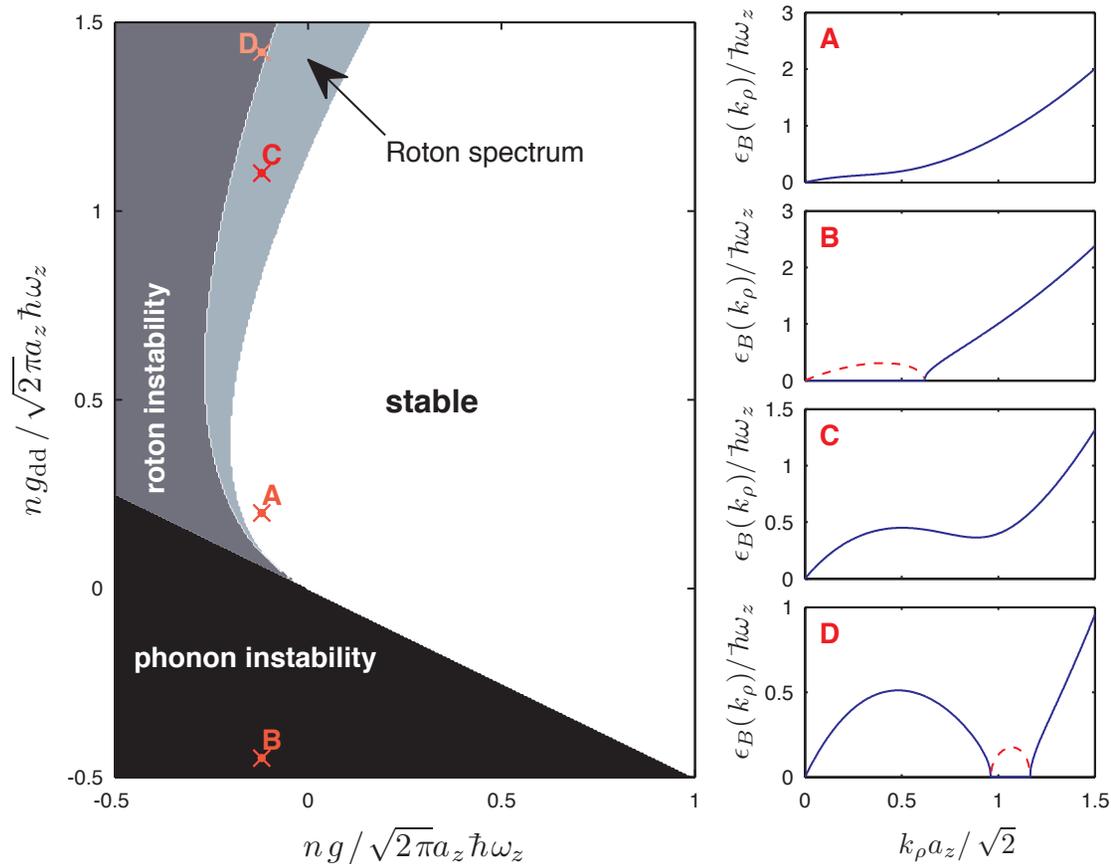
Roton dispersion relation, k -space interaction and Bogoliubov amplitudes.

Stability in 2D

Two ways that the system can become dynamically unstable

Phonon unstable: energy of $k \rightarrow 0$ mode becomes imaginary. Occurs when $\mu_{q2D} < 0$, i.e. $g < -2g_{dd}$.

Roton unstable: energy of $k > 0$ (typically $k \sim 1/l_z$) mode becomes imaginary.



Stability and roton phase diagram. Example dispersion relations (dashed parts are imaginary).

Summary

Main topics covered in my lectures:

- Basic features of the DDI, systems and experiments
- Semiclassical analysis of normal Bose + Fermi gases: direct/exchange and magnetostriction
- Dipolar BECs: Thomas-Fermi; bright solitons in 2D; stability.
- Bogoliubov theory; stability and sound.
- Quasi-2D regime - rotons and fluctuations.